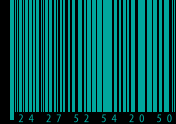


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SEPTEMBER 2012



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## LOVING POWER OF THE PAINT BRUSH

TRANSFORMING LIVES THROUGH ART {pg 12}

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# UNLEASHING THE POWER BRANDS...

PANDORA THINK KITCHEN SECOND CUP CALZEDONIA CROCS NAO DO BRAZIL LIPSY VALEGE PAIRS  
 ANNABELLE HANAYEN DYRBERG/KERN ELITE LAURA ASHLEY HOME PARIS HILTON LONDON LADY  
 AROUND THE WORLD BETTER TIMES CITIZEN MEDICINE SHOPPE PHARMACY MIKYAJY MIKURA PEARLS  
 GYMBOREE LA PETIT COUTURE SARA PLAZA DOROTHY PERKINS COTTON ON ALVIERO MARTINI  
 LEE MAJESTIC OPTICS CANDELITE DB BABIES GOCCO CARNELIAN IPANEMA PARTY CENTRE  
 PREMAMAN CHARANGA VALEGE M... PHARMACY LEVI'S HARMAN HOUSE  
 CAMAIEU PAYLESS SEPHORA ZOCCAI RIVOLI EYE ZONE MISS SELFRIDGE  
 ANOTAH KIDS ALTINYILDIZ CLASSICS MENBUR APPAREL OPTIVISION  
 GIOSEPPO LUFIAN MISS POEM KHAADI REISS G B GEMS  
 SECOND SKIN HAUTIC IZOD... H & M GEOR... MILANO RIVER WOODS  
 SERGENT MAJOR JENNYFER... M & CO. DR.NUTRITION  
 BURGER BUREAU LA ROSA... GOLD'S GYM... GOCCO TEZENIS  
 OODLIFE MUGG & BEAN... POTTERY BARN KIDS MAC LUSH  
 FONO ADIDAS... KOTON PULL & BEAR HA... BASIX PANDORA  
 TGI FRIDAYS... OLIVE GARDEN BERSHKA SWAROVSKI COAST  
 FIRST LADY DU... RED LOBSTER ICONIC THE NAIL SPA  
 SANRIO NISHAT LINEN... PLUG INS ELECTRONIX MAVEN SPA  
 OSH KOSH B'GOSH... AMERICAN EAGLE OUT FITTERS MERLE NORMAN  
 LA CURE GOURMANDE... VIRGIN MEGA STORE BATH AND BODY WORKS  
 HATAM EXPLOSION... AL WAHDA CINEMA GANT CHAMPION  
 GEORGE FOUNKA... BHS MAJE... HOUR CHOICE  
 AL FALAK CARTERS... SWISS CLUB NOA NOA  
 FOLLI FOLLIE I STYLE... MONSOON CHILDREN  
 PEPPER MILL... F CAFÉ  
 WRANGLER OXYGEN... ISTYLE GUESS  
 BRICCO CAFÉ ARGO TEA... LIE CALVIN KLIEN  
 ADIB FOOTLOCKER... UNDERWEAR  
 DUXIANA TABLEZ F & B... SUITE BLANCO CALVIN KLIEN UNDERWEAR LABEL 24 B... WORKS  
 PINKBERRY BOSE MUSEUM... DAVID & GOLIATH BUILD A BEAR WORKSHOP SOIREE+NEAL'S YARD REMEDIES... ELITE  
 WH SMITH PAPA JOHNS PIZZA... PEPE CKU CLARKS FOOTWEAR KOTON DESTINATION MATERNITY TRENDY  
 NEW LOOK OLIVE GARDEN... MERLIN DIGITAL VICTORIA'S SECRET UMI FUSHION GINGERSNAPS RUSSO'S & BUTLERS  
 CITY SPORTS MARCO SERRUSSI... ZOCCAI CAMPO MARZIO DESIGN DIADORA & SAUCONY BODY ACTION KOSEBASI  
 PARIS OPTIC IZON CLARKS FOOTWEAR... SEPHORA CARPISA PIAZZA ITALIA JULES NEW BALANCE / JANSPO... GLORIA JEAN'S

Fashion Piazza

Home Improvement Square

Tech City

Jewellery Boulevard

Food Station

Entertainment World

Kids County

Health, Beauty & Wellness Zone



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## ed's note:

When I lived in Seattle I saw how art transformed the lives of poor and disadvantaged children by giving them a chance to pour out their fears and frustrations onto canvas. Similarly my brother used to work with children in the projects in Houston, where he also taught their teachers how to use drama to guide their students to learn to hope and trust. In this month's Tempo we feature the inspiring story of Ewa'a a network of shelters that helps battered women, and we do this through the voice of an art teacher who participated in one of their art programmes that helped release some of the women's deepest fears.

In this issue of Tempo we also share the inspiring personal stories of people who followed their passions: an Emirati social entrepreneur, an English rugby teacher who reminisces about the game, and two young Indian ladies who found a way to find happiness at work.

Of course Tempo isn't Tempo without our cool signature features such as My Style Blueprint and Time Capsule, along with all the cool stories by all our writers that make us the voice of the community

Get with the beat, and catch the Tempo...

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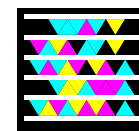
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- 2 run application
- 3 click on tag beside each article to have fun with online content, videos & cool tags!

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- 2 for iPhone download **Bee Tag** or **Neo Reader**

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# Notes to the Ed & RANDOM CYBERCHATTER

POST YOUR VIEWS AND COMMENTS ON OUR FACEBOOK AND TWITTER PAGES



Tweet: @abudhabitempo

“

Great work on the layout!  
- **Komal Qadri**

“

I love you so much Tempo!  
I'm collecting your magazine because I will take it to the Philippines and I like the cover so much!  
- **Elna Grace D. Bacala**

“

@AbuDhabiTempo i love reading Tempo. It is one of those books that keeps me entertained and updated with Abu Dhabi culture  
- **nafis sajid @nafissajid**

## Manjul Abhishek @manjulabhishek

RT @AbuDhabiTempo: How cool is Emirati artist Saoud Saeed Bin Khalid Al Dhaheri. Super cool....check out his ...  
[m.tmi.me/vYTPb](http://m.tmi.me/vYTPb)

## Dubometry @Dubometry

@AbuDhabiTempo stand up comedy wksp culminating into show Sept 18-22 #Comedy community building time in #AbuDhabi

## Talahosari @Talahosari1

@Real\_Liam\_Payne in Abu Dhabi it's ur birthday tomorrow and maybe u could come preform in Abu Dhabi?? hope u can! thx love u guys <3 :D

## Matthew Reid @Matthew\_Reid95

found out today that i am related to a millionaire from ireland that lives in abu dhabi! think he should by me a car! #givetotheneedyyaprick

## Zane Roux @Zane2r

RT @WhatTheFFacts: There exists an ATM machine that gives out gold bars instead of notes in the Emirates Palace in Abu Dhabi.

## RESULT OF LAST MONTH'S VOTE:



Tempo asked you, Where is your favourite place to cool off in the summer?

- 50.0% ➤ SHOPPING MALL
- 16.0% ➤ STAY AT HOME
- 14.0% ➤ CINEMA
- 11.0% ➤ ICE RINK
- 9.0% ➤ TRAVEL TO A COOLER COUNTRY

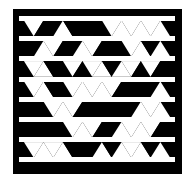
## THIS MONTH'S QUESTION:

Where do you do most of your shopping?

1. UAE Shops
2. Overseas Shops
3. Online (International)
4. Online (Local Shops)



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### SURVIVAL GUIDE: GOING BACK TO SCHOOL

By Alia Youssef



Yes, it is that time again; we students are returning to our normal routine of waking up early in the morning, going to school and coming back home. But school doesn't have to be such a pain if you balance socializing with focusing and getting the grades you want to achieve.

Here are a few tips I've picked up through my years at school as this will be my last year as a high school student at The American International School, Abu Dhabi.

**BE PROACTIVE** - Whenever you get an assignment do it the day it was given! Don't procrastinate and wait till the last minute where you'll get bogged down with lots of assignments. Do everything on time.

**GET INVOLVED** - Whether it's the school's track and field team or Model United Nations, take part in the activities your school has to offer. You'll meet new people and become an even bigger part of the school's community.

**FOLLOW YOUR GOALS** - Write down your top five goals that you want to achieve during your school year. Try to follow them through until you reach what you're aiming for.

**GET ACTIVE** - Go to the gym or take a walk on the Corniche if the weather is good. Moving your body always relieves stress and makes your brain more active.

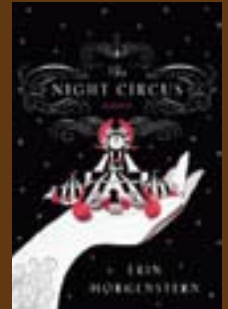
**ASK FOR HELP** - Don't be afraid to go ask your teachers or one of your friends for help with something you don't understand. Asking isn't an embarrassment!

### THE NIGHT CIRCUS

Author: **Erin Morgenstern**

(Doubleday, 2011)

You're at a circus, and you watch the magician do his tricks with a feeling tugging at your heart.



Anticipation, a sense of revelry... that's what magic does to you. It transports you to somewhere beautiful and impenetrable; suspended between reality and imagination. Welcome to The Night Circus.

Transported back to the end of the 19th century, to the start of gentrification, the world of top hats and elegant dresses; that is when the story of The Night Circus is born. Haunting and extravagant, the story starts with a vague challenge that would expand to the coming years. It brings together two characters, to a circus that you could fathom only in your dreams.

Morgenstern creates a world so beautiful that I ache for it to be real. It is more than a novel about the magic that lies within each and every one of us, or a novel about truth and its importance, its message is much grander; it's a novel that will help you through difficult times, a novel which you will always remember... a story you will always want to revisit.

Rare are the books that enrapture me from the very sentence, but Erin Morgenstern succeeded, from the very first phrase, to absorb me in her enchanting world of mischief, illusion, manipulation and wonder. A world I would so love to live in.

There are no words that describe my feelings. All you need to know is that this story is enchanting. It is my gift to you, to those who are starting a new academic year, to those coming back to the long work hours after a relaxing summer and a blessed Ramadan. Read it, cherish it, because everyone needs a little magic and wonder in life.

### FASHION FIGHTS POVERTY

The Fashion Net (TFN) has donated all the clothes it collected during a charity drive over Ramadan, to the Maria Cristina Foundation (MCF), which supports disadvantaged families living in slums.

As part of the campaign customers were given small shopping bags to donate spare clothes, and in turn received gift vouchers as a reward for their actions. Collections were set up at TFN in Al Wahda Mall and Festival Centre.

"It was indeed a pleasure for The Fashion Net to motivate our customers to Support the Maria Cristina Foundation in its constant efforts to help children, as well as their families to get a sound education so they can live a life without poverty," said Denise Ostermann, Brand Manager of TFN.

The Maria Cristina Foundation (MCF) was set up in 2009 in Dubai by Maria Conceicao to provide secondary education to slum dwellers' children, and to break the cycle of poverty by giving parents marketable skills.



Maria Conceicao of MCF with young children supported by her foundation.

In just three years the foundation managed to bring groups of children, mainly from Bangladesh, to study in schools in UAE, and also helped train adults living in extreme poverty.

"When I was approached by TFN, I thought this is a truly inspired charity project. Basic things such as clothes are badly needed by those who live in slums and I want to thank TFN and Liwa for thinking of those people. I also thank everyone who took the time to put a few unwanted clothes in the bag and donated them for this cause. It will make such a difference!"

Established in 2010 by Liwa Trading Enterprises, TFN carries ladies fashion brands mainly from Italy and Spain. Other retail brands within the same group include BhS, La Senza, Gant and Nautica.



# What's Hot



## ▶ UAE JET SKI CHAMPIONSHIP

September 14  
Breakwater, Abu Dhabi

The International UAE Jet Ski Championship, organized by the ADIMSC and DIMSC, will hold three rounds of competitions in Abu Dhabi and three in Dubai and one in Fujairah. In the capital the event will take place at the breakwater giving spectators a close and breathtaking view of the action.

Jet skiers will compete in different classes to showcase their particular talents. The Jet Ski Championship, Heat 1 takes place at Abu Dhabi breakwater on the September 14. Timings are 3:00pm to 5:00 pm.

▶ To find out more go to:  
[www.adimsc.ae](http://www.adimsc.ae)



## ▶ PAKISTAN VS AUSTRALIA T20 CRICKET SERIES

September 5 – 9  
Dubai International Cricket Stadium, Dubai

The thrilling Twenty20 cricket series between Pakistan and Australia will take place in Dubai this September, promising to be an exciting match-up between the two formidable competitors. The match is a great opportunity for cricket fans to get up close and root for their favorite teams.

The event is presented by Cool & Cool and sponsored by Bank AlFalah. The matches will take place on September 5 - 9 from 8:00pm and tickets range from Dh 20 till Dh 200.

▶ For more information call  
055 8645 985.



## ▶ THE FAB FOUR

September 6 – 8  
Madinat Jumeirah, Dubai

Named 'The Best Beatles Band on Earth' by the LA times, Duck Chowles and his band are coming to Dubai for three nights to perform a tribute to one of the greatest bands ever. The Fab Four will showcase the Beatles hits from the 60's and the 70's with great hits like 'Let it Be', 'Yesterday' and the popular sing-along 'Hey Jude'. The cover band will demonstrate the evolution of The Beatles through wardrobe transformations from clean cut- grey suits to flamboyant costumes and psychedelic colours. The show will be on September 6 - 8 starting at 7:00pm - 9:00pm and tickets are priced at Dh 185.

▶ For more information and ticket bookings visit,  
[www.madinattheatre.com](http://www.madinattheatre.com).



## ▶ BACK TO SCHOOL

September 13 – 15  
Meydan, Dubai

Come visit Back to School 2012 for a range of activities for your children to engage in to get them in the spirit of a new academic year. You can meet with experts from Knowledge and Human Development Authority and the RTA, in addition to nutrition consultants who will impart valuable do's and don'ts. The programme promises lots of activities for children including dress-up and superhero pretend games. There's also a daily draw to win an iPad.

The event is from September 13 - 15, from 10:00am - 8:00pm. All proceeds from the door admission will be donated to children in need.

▶ Get your tickets at:  
[www.backtoschool.ae/](http://www.backtoschool.ae/).

## INTERNATIONAL HUNTING & EQUESTRIAN EXHIBITION

September 5 – 8 | ADNEC, Abu Dhabi

Since its launch in 2003, the Abu Dhabi International Hunting and Equestrian Exhibition has been growing in size and stature. Organisers say that it is the only event of its kind dedicated to consumers and trades for equestrian, outdoor and marine sport; safaris, arts and antiques; and the preservation of culture and heritage. The event is organized by the Emirates Falconer's Club and Informa Exhibitions, and is supported by the Abu Dhabi Tourism and Culture Authority.

The exhibition will take place from September 5-8 and runs from 9:00am to 8:00pm.

For more information visit, [www.adihex.net/](http://www.adihex.net/).



## THE BOTTOM BOTTOM LINE

### JAYWALK TALK

Soha relates this story to concierge: "I received a call from my teenage son recently telling me he was fined for jaywalking across Zayed the First Street, in Abu Dhabi. I don't know what made me happier: knowing that the police were finally getting serious about jaywalkers, or having my teenager face responsibility for his actions." The BBL: he paid his Dh 100 fine out of his allowance. Sweet.

### POTTERY BARN AT AL WAHDA

We love the fact that Al Wahda is doubling in size. And we are absolutely delighted that Pottery Barn will now be a mere heartbeat away for most people in the capital. Yes Dubaians can gloat that they have Crate and Barrel, but rumour has it that they're also on their way here. BBL: We're holding a collective breath in waiting.

### KINDLE CRAZY

Donna writes that she bought a Kindle on her last trip to the USA, but soon discovered that she couldn't use it in Dubai or the rest of the UAE. Apparently you need a credit card that is linked to a US address. After vetting her frustration at work a workmate quietly told her that she got around the problem by giving a US address...which one? A certain company called Apple out of Cupertino, CA. The BBL: she swears that her Kindle now works. (Hmmm).

### DELMA DETOURS

We've visited Delma Mall out in Mussafah in Abu Dhabi and are convinced now more than ever that the biggest hindrance to footfall is the odd road formations that don't allow you to smoothly enter or leave the mall without snaking your way around the Police Department next to the mall. What sort of works, I am told, is the entrance into the cinema, which allows you to park the car and easily access the theatres. BBL: It's bad news, but not all bad.

### MEDICATION MATTERS

The recent decision by the health authorities to pull a batch of children's Augmentin antibiotic syrup out of circulation because of risk that tiny particles from the packaging might mix in the medication reminds us of the BBL: to inspect the contents of all medications in case there are any unidentified objects floating in them and to keep our kids healthy so they don't need to face the risk of swallowing them in case that happens.

### BUBBLY BUBBLES

And now for a totally useless close to this week's BBL. If you are one of those people who likes to occasionally fill up your tub and enjoy a luxurious bubble bath then you really have to know your way around bubble bath. For cheap stuff like Gentle Care you need a half a dozen capfuls to see some suds, but if you use Bath & Bodyworks' Signature Collection then go easy with the stuff. BBL: Put a couple of capfuls and you'll have icebergs floating in your tub.

Keep things fun and bubbly.

The Concierge

Send me your rants, raves, gripes and grumbles: [concierge@tempoplanet.com](mailto:concierge@tempoplanet.com)



## ALOFT RUNS FOR CHILDREN

September 22  
ADNEC, Abu Dhabi

Aloft Abu Dhabi returns with its indoor charity run at ADNEC, a fun outing for the whole family that provides sporty activities in the comfort of the indoors. The event has been running annually for the last three years, and has been growing in popularity. There are different categories for experienced runners as well as children, along with many prizes that include trips to hotels around the world. In fact the more kilometers you run, the higher your chance of winning. So dust off those running shoes and start getting in shape. The run will take place on September 22 from 8:00am – 6:00pm.

For more information, visit: [www.aloftabudhabi.com/en/roadtoawareness](http://www.aloftabudhabi.com/en/roadtoawareness).



## THE ADVENTURES OF PINNOCHIO LIVE ON STAGE!

September 19 – 22  
Madinat Jumeirah, Dubai

The Adventures of Pinocchio Live will bring Madinat Jumeirah to life through the wonder and enchantment of the classic children's novel 'The Adventures of Pinocchio.' The audience will follow the lively story of Pinocchio as he turns from a puppet to a real boy with the help of a magical fairy. Great for kids as well as the young-at-heart.

The show will be from September 19 – 22 and will start at 4:00pm on the first two days of the show and at 3:00pm on the last two days.

For more information visit: [www.madinattheatre.com/](http://www.madinattheatre.com/)



# TEMPO'S TOP TEN SONGS IN THE UAE



View the #1 song in the UAE

TEMPO'S MUSIC CHART LETS YOU DISCOVER THE LATEST TOP 10 SONGS IN THE EMIRATE, WHILE KEEPING EYE ON YOUR FAVOURITE ARTISTS.

<b>WIDE AWAKE</b> KATY PERRY	1	★★★★★★★★
<b>PAYPHONE</b> MAROON 5 FT. WIZ KHALIFA	2	★★★★★★★★
<b>LIGHTS</b> ELLIE GOULDING	3	★★★★★★★★
<b>WHERE HAVE YOU BEEN</b> RIHANNA	4	★★★★★★★★
<b>SCREAM</b> USHER	5	★★★★★★
<b>CALL ME MAYBE</b> CARLY RAE JEPSON	6	★★★★★
<b>TITANIUM</b> DAVID GUETTA FT. SIA	7	★★★★★
<b>SOMEBODY THAT I USED TO KNOW</b> GOTYE	8	★★★
<b>LET'S GO</b> CALVIN HARRIS FT. NE-YO	9	★★
<b>ONE MORE NIGHT</b> MAROON 5	10	★

## WHAT'S ON YOUR iPod?

SARFARAZ ALI is a 24 year old event coordinator who has eclectic taste in music and believes that the kind of music you listen to defines you as a person.

1. **State of the Art** – Gotye
2. **The Daily Mail** – Radiohead
3. **Joga** – Bjork
4. **Home Again** – Michael Kiwanuka
5. **No Church in the Wild** – Jay Z / Kanye West
6. **Tar Hani** – Bombino
7. **Blue Rondo A La Turk** – Dave Brubeck
8. **Caught a Ghost** – Sleeping at Night
9. **Cicatriz ESP** – The Mars Volta
10. **Sometime Around Midnight** – The Airborne Toxic Event

## US TOP TEN

1. **Whistle** - Flo Rida
2. **Lights** - Ellie Goulding
3. **Call me maybe** - Carly Rae Jepsen
4. **Wide awake** - Katy Perry
5. **Payphone** - Maroon 5 Feat. Wiz Khalifa
6. **Somebody that I used to know** - Gotye Feat. Kimbra
7. **Titanium** - David Guetta Feat. Sia
8. **Some nights** - Fun
9. **Home** - Phillip Phillips
10. **Where have you been** - Rihanna

## UK TOP TEN

1. **How we do (party)** -- Rita Ora
2. **Heatwave** - Wiley Feat. Rymez & Ms D
3. **Read all about it Pt III** - Emeli Sande
4. **One day like this** - Elbow
5. **We'll be coming back** - Calvin Harris Feat. Example
6. **Running up that hill** - Kate Bush
7. **Spectrum (Say my name)** - Florence + The Machine (Calvin Harris Mix)
8. **Simply amazing** - Trey Songz
9. **Language** - Porter Robinson
10. **Lost in your love** - Redlight





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# My Style Blueprint

{ BY TEMPO



## BROOZEL AGUINALDO

BROOZEL IS 30 YEAR OLD SALES EXECUTIVE FROM THE PHILIPPINES WHO BELIEVES THAT:

**01** YOU CAN BE SEXY WITHOUT TAKING YOURSELF TOO SERIOUSLY

**02** YOU NEED TO BE CONFIDENT

**03** SMILING IS THE KEY

### FASHION STATEMENT:

"I LOVE BOHEMIAN AND GYPSY CLOTHES."

### FAVE PLACES TO SHOP FOR SURPRISING FINDS:

"I love shopping in the small shops that are around the corners of Hamdan Street in Abu Dhabi."



### FAVE BUY OF THE MONTH:

"Colourful shoes that match everything!!"

### FASHION PET HATE:

"People wearing winter clothes during the summer!"



### DOES ABU DHABI HAVE STYLE?

"YES, I THINK ABU DHABI HAS LOTS OF STYLE! THERE ARE DIFFERENT CULTURES AND DIFFERENT PEOPLE AND THEY ALL HAVE THEIR OWN DIVERSE SENSE OF FASHION!"





2-10 YEARS



2-10 YEARS



0-3 YEARS



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www.bhsstores.com





# Cover Story

## POWER OF THE PAINTBRUSH

**ART** TRANSFORMING LIVES THROUGH ART

By Liz Kinane

We hear about so many heart-warming initiatives in our community. Ewa'a, a network of shelters that helps women and children to reconnect with society, is one of those inspiring programmes. It was established in 2008 under the auspices of the UAE Red Crescent to provide a safe haven for victims of domestic abuse and human trafficking.

As part of its aim to rehabilitate and integrate the women into society, Ewa'a recently held painting workshops in association with the Abu Dhabi Music and Arts Foundation (ADMAF). Jennifer Simon, who has worked with ADMAF on various projects, was one of the artists that was involved in the programme.

The women working on 'The Tree of Life'



The faces of the women in these photos have been blurred to protect their identities.





Jennifer says she got involved to give the women enjoyable experience and the opportunity to do something they had never done before. "I wanted them to create work that they will be proud of and to teach them skills that they can carry on with in the future," says Jennifer.

Jennifer firmly believes that involvement in the visual arts has a healing effect for women who have suffered trauma and that it allows them a release of tension and stress through the experience. "Visual art is a powerful medium; it gives people a chance to express their inner emotions and, for a short period, to concentrate on something other than their own personal problems."

At the start of the session, Jennifer assessed the skill levels of the women and provided them with inspiration through art books. She says that most of the women had no prior painting experience; however they soon overcame their inexperience and language barriers to reveal their stories through the paintbrush. "By the time the session was over, they were creating paintings solely from their imagination."

The pictures reveal a thousand words, showing destroyed dreams, turmoil and pain the women have suffered. Jennifer says the

highly expressive images spoke of an abuse of trust and a betrayal of mankind that deeply touched her. "I had to put a wall up when I did the workshops. It was extremely painful to hear their stories and what they had endured."

Reassuringly though, many of the paintings convey a deep sense of hope and a positive outlook for the future. Despite the sadness, the courage, strength and determination of these women shine through, says Jennifer.

Jennifer's favourite piece from the exhibitions is 'The Tree of Life' installation which the women created and decorated from recycled products. "The idea was that the girls could write their feelings and experiences on the tree to represent the process of growing. It had an effect on everyone who came to see it, and I really felt a sense of community in Abu Dhabi through this activity."

Jennifer says she is lucky to have been part of the painting workshop. "One of the girls came to the exhibition the day after the opening, and that was very emotional for everyone involved. What was most amazing was seeing the transformation in her spirit; when she first joined the workshops she was in a dark place but after the exhibition she looked like she had a new lease of life."

### FIND OUT MORE

Visit [www.shwc.ae](http://www.shwc.ae) to learn how you can help Ewa'a in its community work



## FOOD FINDS: HIDDEN TREASURES

THERE ARE A NUMBER OF LITTLE CAFETERIAS AND UNKNOWN RESTAURANTS ALL OVER ABU DHABI THAT HAVE SOME PRETTY TERRIFIC FARE: NOTHING FANCY BUT TOTALLY SOUL-SATISFYING. SANIYA ALI EXPLORES FOUR OF THESE SECRET GEMS AND DISHES OUT THE BEST THEY HAVE TO OFFER.



**MUSHROOM CHILI FRY**  
(INDO-CHINESE)

### ELDORADO RESTAURANT

**BUILD:** Button mushrooms, green chilies, bell peppers, garlic.

**COMMENT:** A small cafeteria-type restaurant on a corner street took me by surprise. I placed my order by phone to get it delivered home and within 20 minutes the food was at my door. The Indo-Chinese meal satisfied my senses as the intense flavour gave my taste buds a serious kicking. The mushrooms were cooked well enough but they weren't soggy and the garlic naan I had ordered with my meal was crispy and tasty.

**RECOMMENDATION:** Great food for home delivery or takeaway. I shall return.

**LOCATION:** Electra Street, Abu Dhabi.



**PANI PURI**  
(INDIAN)

### SANDESH SWEETS

**BUILD:** Fried bread puffs, spicy potatoes, chickpeas, tamarind water.

**COMMENT:** This Indian snack is widely available in almost every Indian restaurant worth its curry, but this one belies its modest environs. For the uninitiated, the 'puri' is a small, round puff of bread made by deep-frying and the 'pani' is the spicy, tamarind water. After my panipuri arrived in a steel dish, I placed the spicy, mashed potatoes and chickpeas inside the puri bread and drenched the little puri in the tamarind water. I then placed it in my mouth to allow the deep flavour to invade every corner. The crunch of the bread and the soft texture of the potatoes combined smoothly to give me a heavenly panipuri fix.

**RECOMMENDATION:** Cool experience. Definitely worth a revisit.

**LOCATION:** Behind Sun and Sand Sports on Hamdan Street



**TOM YUM SOUP**  
(THAI)

### JUN ENCARNATION RESTAURANT

**BUILD:** Shrimp, calamari, lemongrass, mushrooms.

**COMMENT:** A small, dimly lit restaurant hidden behind the bright lights and busy streets. I was greeted with the sound of music; a live band was playing in the centre and people were enjoying their food while watching the performance. I ordered a Tom Yum soup, a Thai specialty. The steaming bowl arrived and to my surprise it was a rather large serving. The soup tasted amazing, with its spicy flavour and tinge of lemongrass. The shrimp and calamari rings in my soup were cooked nicely and the mushrooms were plain juicy!

**RECOMMENDATION:** Food and service was great and the live band just made it better! Nice hangout.

**LOCATION:** Hamdan Street, Abu Dhabi



**POLLO AL FUNGI**  
(ITALIAN)

### CAULDRON CAFÉ

**BUILD:** Chicken fillet, mushrooms, white sauce, potato wedges, salad, oyster sauce.

**COMMENT:** I made my way to this underground café that I bet is known to a lucky few. The food took a while to arrive but it was definitely worth the wait. The chicken was grilled and dripping in a delicious, rich white sauce topped with mushrooms. It was served with a side of potato wedges and a salad with oyster sauce drizzled over it. The flavour of the chicken was so intense I soon wiped the plate clean.

**RECOMMENDATION:** The location may not be the best there is, but the food is worth the visit.

**LOCATION:** Navy gate, Abu Dhabi



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## A CAR AND HER BOY (AS TOLD BY MILLE THE CAR)

By Rohith Bhat (as Mille)

I suppose it all begins when they hit puberty. Before that, cars like me were simply yucky things that their elder brothers and fathers were obsessed about for no rhyme or reason. But then comes the puberty fairy and changes the whole relationship game. At first they're shy to approach, tip-toeing on the sidelines simply staring at us from afar. Then they learn about us from magazines and movies and are soon self-taught experts. They fantasise about having Latin lovers in bright red, or European flirts with low riding tires and big engines... engines... yep, it's always about the engine size.

I first met my owner at the tender age of 18. Like most men he first went around the room trying to catch the eyes of the four big wheels. Poor dear, he was so crushed when he saw how much the desert safari dream would cost him. I don't hold it against him at all; they always dream about the exotic models with their moving hoods but when it's time to make a commitment they always go for the hatchback... they come to my side of the room.



Our courtship ritual began simple enough. At first, he pretended not to notice me. He was desperate not to catch the eye of the salesman and pretended he had not been here a dozen times in the last month. He was trying to convince himself that he wasn't looking for a commitment yet (he wasn't fooling anyone!) He slowly gained the nerve to ask about me. The salesman suggested he go for a test drive with me, a get-to-know-each-other kind of deal. The poor thing, no matter how confident he tried to seem, his sweaty palms and blissful look gave him away and he was hooked.

It's been three wonderful years since then and we now have our own little baby seat in the back! Of course I often catch him ogling at the Americans, and stealing a glance at an Italian or two... but I'm happy to say that we now have an understanding that he can look but he can't touch.

## THE INSIGNIFICANCE OF TALK AND THE SOUND OF SILENCE

By Ahmed Samir



Lately I've convinced myself of the virtue and importance of silence. I am (for the most part) a tireless speaker, and I tend to dominate conversation, and so silence is something of little to no significance when I'm around. In fact I have little trouble finding something to speak about and I'm willing to talk about it all. I guess I'm one of those people who enjoys the sound of their own voices. I am what you would call 'a chronic talker'.

But sometime ago it dawned on me that my excessive and irrepressible habit of talking weren't without detriment to me (not to speak, others). I talk so much that I miss out on what someone else has to say, and so often, it feels like I'm just speaking to... well, myself! I miss whatever interesting tidbits the other person has to offer, whatever wisdoms (pseudo or otherwise) they have to impart, whatever knowledge they have to share, whatever stories they have to tell... you get the picture.

**I talk so much that I miss out on what someone else has to say, and so often, it feels like I'm just speaking to... well, myself!**

With a one-sided conversation one party simply reiterates what he has to say to himself. But, what if I'm wrong? What if what I'm saying isn't without mistake? (And it very probably is as I'm not perfect and neither is my reasoning.) Wouldn't that mean that I'm only strengthening my own faulty prejudices and biases by

repeating them to myself, and thereby reinforcing them? Indeed, having a mind cluttered to choking-point with fallacies is worse than having no mind at all. Even I know that.

And so I'm attempting to perfect the art of silence, not through outright halting of all speech (a la shaolin monk-style oaths of silence) but by learning when to employ silence: when to draw back and hold in my tongue and listen intently, not just await my turn to start speaking again. Silence is significant: it allows time for thought, for introspection, for genuine discovery, and for the intake of useful matter. I'm listening...

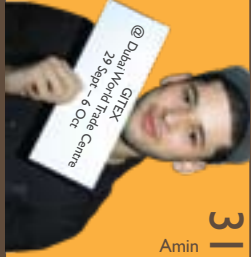


# tempo's people calendar

SEPT  
2012

sun mon tue wed thu fri sat

30 Abu Dhabi Youth Program @ Family Development Foundation Branches 30 Sept - 11 Oct



31 Amin

my september eco pledge

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my september to do list

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COOL QUOTE: "DON'T JUDGE EACH DAY BY THE HARVEST YOU REAP BUT BY THE SEEDS YOU PLANT!"  
Robert Louis Stevenson

2 Demolition by Fereydoon Omid @ XVA Gallery, Dubai 20 June - 30 Sept

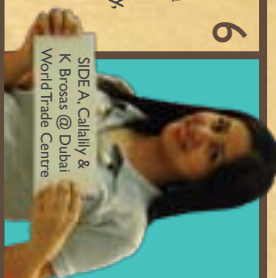
3

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5 Abu Dhabi International Hunting & Equestrian Exhibition @ADNEC, 5 - 8 Sept

6

Pakistan vs Australia T20 Cricket Series @ Dubai Sports City, 5 - 9 Sept



7 Jonita Balawen

8 The Fab Four - Music of the Beatles @ Madinat Jumeirah, 6 - 8 Sept

COOL QUOTE: "A JOURNEY OF A THOUSAND MILES BEGINS WITH A SINGLE STEP".  
Lao Tzu

9

10

11 Al Murray - The Pub Landlord @ The First Group Theatre, Dubai 11 - 14 Sept

12

13 Back to School @ Meydan Grand Stand 13 - 15 Sept

14

UAE Jet Ski Championship @ Breakwater, Abu Dhabi

15

★ "TAMAKKAN SEASON START: MEET YOUNG VISIONARY ENTREPRENEURS" www.tamakkan.org

17

18 GCC Fatal and Horrific Accidents Prevention Conference @ Burj Al Arab 18 - 19 Sept

18

19 The Adventures of Pinocchio Live on Stage! @ Madinat Jumeirah 19 - 22 Sept

19

★ "CATCH THE DREAMPLAYERS AT AL WAHIDA MALL" www.thedreamplayers.com

20



21 Rozanne Vaz

22 ALOFT Runs For Children @ADNEC

23

24 ME & Pool Spa @ Dubai International Convention & Exhibition Centre 24 - 26 Sept

24



25 Zeeshan Razzazi

26

27 ECO Future Exhibition @ Manarat Al Saadiyat, Saadiyat Island

27

28 Cultural Night Market @ Safa Park, Dubai 28 - 29 Sept

28


29 The 18th World Route Development Forum @ADNEC 29 Sept - 2 Oct

29







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# Time Capsule

Name: **FARZEEN A. KACHALIA**  
 Age: 20  
 Profession: **Student and aspiring billionaire**  
 Nationality: **American**  
 Motto: **William Wallace once said that every man dies. Not every man really lives!**

**YOUR MOST VALUED POSSESSION:** My set of journals and diaries I've kept through the years

**ONE THING YOU CANNOT LIVE WITHOUT:** Writing

**THE PERSON WHO INSPIRES YOU THE MOST:** I guess that would have to be my parents for being so hard-working and always giving their absolute best in anything they do whether it be personal, social or having to do with their business.

**CAR YOU WOULD LIKE TO OWN:** Bentley Continental GTC convertible

**WHERE DO YOU SEE YOURSELF IN 10 YEARS?** I see myself as an investment banker, or rather running my father's business alongside my brothers. (Both ways I'd want to be successful). Achievement of great things in the domains of education, religion and personal life.

**YOUR GOAL IN LIFE:** My goal in life is to always be ambitious in the things I do no matter what they are and obviously to be surrounded by people I love and trust.

**WHAT ITEM DO YOU KEEP BUYING EVEN THOUGH YOU HAVE PLENTY OF THEM?** HEELS!

**WHAT RANDOM ACT OF KINDNESS HAVE YOU PERFORMED SO FAR IN 2012?** Random act of kindness you've performed in 2012: I guess it would have to be when I helped out my best friend!

**SOMEONE IN YOUR LIFE THAT DESERVES A BIG THANK YOU:** My older brother Rameez for always encouraging and supporting me no matter what I do! MashAllah

**YOUR EARLIEST MEMORY?** I think my earliest memory was when I first went to Kindergarten in Canada! I was hiding behind my mother the whole time the teacher was trying to get a glimpse of me! I must have been around four years old!

**WOULD YOU CHANGE YOUR NAME?** I wouldn't. Mine's very unique as I haven't met another Farzeen so far.

**IF YOU WANTED TO LOOK ABSOLUTELY GREAT, HOW WOULD YOU DRESS?** I'd put on a flowy dress, a cardigan, a diamond bracelet and some great heels. Top it off with mascara and you're ready!

**WHO WOULD YOU MOST LIKE TO BE STUCK IN AN ELEVATOR WITH?** I'd most like to be stuck in an elevator with artist Drake.

**THE MUSIC THAT WOULD MAKE A PARTY BETTER?** I'm a huge fan of house and trance music so I would put that on first!



WHICH TV SHOW WOULD YOU LIKE TO BE STUCK IN? Gossip Girl for the wardrobe!

IF YOU COULD BE ANYWHERE IN THE WORLD RIGHT NOW WHERE WOULD YOU BE? I'd like to travel to Greece because I absolutely fell in love with the place. Mykonos or Athens in Greece.

YOUR WISH LIST OF COUNTRIES TO VISIT? I'd like to travel to would be China, Turkey and Spain!

WHAT WAS THE BEST THING BEFORE SLICED BREAD? Roti!



Amal Al-Agroobi



Amal at her Emirati Grassroots Art Exhibition

# SOCIAL ENTERPRISE

## ENTREPRENEUR HELPING EMIRATIS TO ACHIEVE

By Sharon Carvalho

Half Emirati, half Syrian, Amal Al-Agroobi is a cosmopolitan dynamo and one of those people who impresses from the get go. Having spent most of her life in Belgium, Turkey and the United Kingdom, 26 year old Amal, grew up in a world rich with culture, language, tradition, religion and very broad horizons. Tempo sat down with Amal to talk about her life and her ambitious initiative called 'I Love UAE'

### HOW DID YOU GET STARTED?

As a child I was always fascinated with learning. I used to open "shops" and make money by selling things to my family. And acting was my world... I'd often be caught talking or singing to myself, imitating people and putting on a show. But as life had it, I didn't end up pursuing acting or business.

At university I completed my first degree in Biomedical Sciences from the University of Durham and then continued my masters in Neuroscience from the University College of London where a lot of my work was based on research. I came back to the UAE and began work at a hospital until I eventually began to forget my passions and dreams; I lost a sense of who I was. So I left and decided to start from square one; I began focusing on my initiative 'I Love UAE' and acting and film.

### WHAT INSPIRED YOU TO START 'I LOVE UAE'?

I kept looking around for inspiring and exemplary Emiratis. I was desperately looking for people to aspire to... real people... not

those given opportunities because of their name or status, but Emiratis who had built something for themselves with their own two hands.

I used Twitter at first and began 'collecting' them; a list of names of Emiratis that had businesses or talents that could be beneficial to other Emiratis. I eventually found that I could network Emirati businesses with each other or recommend Emiratis that had specific talents to organizations worldwide.

### SO YOU QUIT YOUR JOB TO FOCUS ON 'I LOVE UAE'?

There's more to life than money and a nine-to-five job. I could have easily lived the rest of my life in financial comfort and the security of my old career but that isn't life to me, that's not thinking outside the box.

It wasn't a difficult decision because it was a decision I made for myself. It's something I needed to explore a bit more, and naturally I believe work should be fun. You should be happy doing what you love every day. 'I Love UAE' is something I enjoy and learn from everyday.

### HOW DOES IT WORK?

'I Love UAE' is 'the virtual ambassador'. It is an agent that supports, promotes and advertises Emirati talents, businesses, products and related events. As the name suggests, we are all ambassadors of our country, to our country and to the rest of the world.

In a nutshell, we help Emiratis develop themselves by giving them exposure and the skills they need to advance in whatever they chose. We have found acting opportunities for the Emiratis who signed up on international

feature films; we paired young students with qualified national entrepreneurs for internships; we invited press to write exposes on Emirati businesses; we have helped Emirati businesses network with their fellow citizens; we've even sold some handicraft products. These entrepreneurs let us know what they need and we do our best to address them.

Recently, we held the Emirati Grassroots Art Exhibition where we showcased 10 Emirati artists, most of whom had never exhibited before. We were published and many of our guests were fascinated with the skills the artists possessed. Some were even willing to commission them.

The beauty of 'I Love UAE' is that whatever we do we always use as many Emiratis as possible. At that particular event the attendants, caterers, photographer, videographer, curator, speakers and artists were Emirati. Every single one of them.

### WHAT CHALLENGES DID YOU OVERCOME?

It definitely hasn't been an easy ride. First I had to find the motivation to actually piece it together. I then spent hours everyday researching and pulling the content together. It took a lot of self-motivation.

It wasn't too long after I found that I had a copycat. Another Emirati was stealing the information I had worked months to collect. What was worse is that people believed him! This taught me a lot about competition, business ethics and what one should not do when starting an initiative.

We now base the 'I Love UAE' ethos on integrity and make sure we deliver the best quality we can, the greatest opportunities and the most exposure.

### WHAT DO YOU HOPE TO ACHIEVE?

We are on a mission with to show people that Emiratis are very active and prominent in our country. You can find them, read about them and be inspired by them.

### DO YOU HAVE A MESSAGE FOR OTHERS?

Don't believe people when they tell you there's nothing you can do. A human being can do anything and everything they want to but only if they allow themselves that freedom. It's amazing what you can do to change this world by only doing what you love. So stop listening to people who tell you not to do what you love.

[www.iloveuae.ae](http://www.iloveuae.ae)





## GREEN MOVIES:

### DOCUMENTARIES, DRAMAS AND ALL THOSE IN-BETWEEN

By Emma Kirkman

We all love going to the cinema; the popcorn, the excitement of a new movie, the previews for the upcoming releases... But have you thought about how all of this impacts the environment?

.....

If you forget for a moment the spilled popcorn, the left-over drinks and the broken plastic 3D glasses, and think about what it took to make the movie that you have just seen? How many flights the cast and crew took to locations around the world? How much extra power was needed for all of those amazing explosions, or eerily creepy night time scenes in the middle of the woods? Or how many different times they shot that pivotal scene amidst the chaos of a fight scene?

Hollywood movies are a multi-billion dollar business, mainly based in America, but creative visions know no bounds and if your story requires a scene halfway up a mountain, then you need to find the right mountain to film on. And that may not be in California.

There are different ways to call a movie 'Green'. Al Gore's 'An Inconvenient Truth' may not be a classic boy meets girl movie, but it

can be considered green. It is a documentary released in cinemas around the world that highlights the urgency of doing something about Global Warming and Climate Change.

It was very well made, and even won an Oscar or two. It was also one of the first Carbon Neutral films, with investment made into renewable energy, equalling the Carbon expended in the making of the movie.

**Alongside the technology developments, the stories on the screen are also becoming increasingly more focused on climate change.**

technology that enable film and television productions to reduce carbon expenditure on packaging, shipping, fuel consumption, plastic usage and paper wastage.

Alongside the technology developments, the stories on the screen are also becoming increasingly more focused on climate change. Even kids films such as Wall-E are tackling the

idea of what could happen when the climate on earth changes and we use all of the finite resources available on the planet. Highlighting the issue of sustainability in these ways helps to spread the message about being careful with our planet in a way that scare tactics and political battles don't.

**As with other global industries there are many new developments each year on improving the sustainability of film and television production but there is still a long way to go. Next time you are at the cinema, stop and think, how much energy was consumed in making this film?**



Emma Kirkman is a freelance production and communication professional, and passionately devotes her spare time to helping The Planetarians to spread the environmental message.

Post a message to Emma at [www.facebook.com/theplanetarians](http://www.facebook.com/theplanetarians) or [www.twitter.com/theplanetarians](http://www.twitter.com/theplanetarians)

GET ENGAGED. BECOME A PLANETARIAN. [www.planetarians.com](http://www.planetarians.com)



## game hedz

Blakniss | Original game head from Atari to Xbox



### A GAME THAT'S NOT ABOUT ZOMBIES!!

Do you guys remember Machinarium, that cute little game from Amanita Design Studios we shared with you a couple issues back? Well they have another very cool joint called Botanicula that we know you guys will love.

As the name suggests this is plant-based action - no zombies, no guns, no blood (maybe some sap though) - and it is just a fun-loving, whimsical adventure where a group of seeds (ya, like plant seeds) fight to save their vegi-home from a mysterious menace, and help loads of neighbours along the way. A point-and-click adventure, it also includes puzzles, but it is mostly about hunting for missing pieces that contribute to solving inter-connected challenges.

The creative direction and design of the game is a winner, aptly portraying the quirky characters and story with an off-beat fairy tale charm and bio-organic textures. The audio design is also a winning element of the game, made largely with mouth effects rather than instruments. Music features highly and it's really well produced and fun to hear, as are the exclamations and verbalisations produced by the characters themselves. It's available only for PC and Mac and you can download it right onto your laptop.

### ANOTHER GAME ABOUT ZOMBIES!!!

Well we can't talk enough of the undead it seems. Xboxers can enjoy the right-to-left scroller, Deadlight, on Xbox Live Arcade for 1200 MS points. As (wait for it) post-apocalyptic Seattle Randall Wayne battles 'Shadows' (they're Zombies) on a quest to find his friends and family.

Reminiscent of Limbo, though linear, it has well depicted backdrops that evoke 3 dimensional depth and powerful context in a destroyed world. You jump, run, climb and hack your way across the city with limited health and endurance. You can replenish health with med-kits, and you also have to gauge your fighting, even holding on to ledges so you don't get exhausted. Only available on Xbox Live arcade it's actually kinda fun, but you could live happily without killing yet more Zombies.

### DARKSIDERS 2

Look out for the review, but if you don't have it yet (it was released August 14), shame upon thee!!!!

## MY FAV APP } NESTLE SALANGO

### FOURSQUARE



Foursquare is a social, mobile, geo-location service that lets you virtually "check in" to different locations and leave comments about your experiences for your friends and other Foursquare users. It's the app and service that introduced the check-ins craze. Businesses use Foursquare to promote "specials" to attract Foursquare users to try their service or goods, which means users can find great deals just for joining. The location-based app will suggest venues of interest that are nearby and show you the deals that are being offered.



## tech talk

Shahid Saeed | Talker for the Non-Techies



### LG CINEMA 3D SMART TV LW9800

The LG series LW9800 comes in two sizes, a 55-inch and 47-inch model and it features true HD with 1080p and 3D capabilities. This new series of HDTV from LG also sports "Nano LED" local dimming with up to 2,300 sources in the larger model and 480Hz motion technology. Other great features include its Wi-Fi connectivity, Magic

Motion Remote Control, application store, and streaming media such as MLB, Netflix, YouTube, Facebook and many more apps. It includes seven pairs of 3D glasses and can convert any 2D content into surprisingly deep and realistic 3D. Unlike conventional 3D TV's it is certified flicker-free, crosstalk-free and provides brighter and crisp 3D pictures. A good choice for home cinema lovers.



### PANASONIC DMP-BDT320 3D BLU-RAY DISC PLAYER

Blu-ray players were conceived to do a simple job but over the years they've morphed into much more than mere disc spinners. Now they're sophisticated entertainment hubs, able to interact with tablets

and smartphones, access internet services, play multimedia formats and stream content from networked computers. DMP-BDT320 is one of four dedicated Blu-Ray players in Panasonic's 2012 range and the first thing you notice is the revamped design, a really slim 27mm from top to bottom.

Furthermore, it gives full HD 3D Blu-Ray disc playback, adaptive chroma processing, 2D to 3D conversion and supports many media formats e.g. MKV, AVCHD. It also has a memory card slot that supports up to 64GB SDXC or SDHC cards. It's a killer Blu-Ray player with some smart new features and hugely impressive picture quality.

## NEWS & GOSSIP

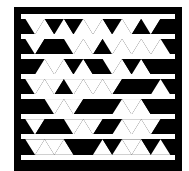
### 900,000 ANDROID DEVICES ACTIVATED EACH DAY

According to Google's senior Vice President of Mobile, Andy Rubin, 900,000 Android devices are activated each day. This has risen considerably since last year when it was reported that the number of Android activations was 700,000 per day. Google currently holds the largest market share in the mobile arena; however market research company IDC recently predicted that Android would lose its grip as Windows Phone gain popularity, overtaking iOS by 2016.

### BIOCHIP COULD ENABLE FAST, PORTABLE FLU STRAIN DETECTION

Diagnosing a particular strain of flu is normally a complicated business, requiring high-tech equipment and days of work. In the Journal of Molecular Diagnostics, researchers at Brown University describe a new biochip that promises to make that process much easier and faster. The researchers hope to eventually design a chip that can be used by public health officials to quickly track new outbreaks and by health-care workers in the developing world to cheaply detect drug-resistant strains of HIV and tuberculosis.

Follow me on @shahidaasi







*Come, See*

# THE DREAM PLAYERS

SEPTEMBER 20  
ALWAHDA MALL

[www.dreamplayers.com](http://www.dreamplayers.com)



## doc in the house

Dr. DMS | A doc from the Bronx

### REPORTING FROM THE FRONTLINES:

PATIENTS AND THEIR 'STORIES'

(Can Someone Tell Me What's Going On?)



Talking to patients is a necessary evil of my job. An occupational hazard, if you like...

(Please excuse me for a moment from this conversation, while I quietly slam my head against a wall. Thanks for your understanding. BAM!!!!!!!)

How can this be the hardest part of my job? I ask a simple question and expect a simple answer. But usually, something else happens. I may get an answer to a question that I haven't even asked! For example, Q: "Please point to your pain," to which I could get an answer something along the lines of "Sure, I love hamburgers." Or I would be subjected to the LONGEST possible answer to the question instead of the concise answer I expected. Or I may get the half-truth. And sometimes I get NO answer ("you just don't feel like answering that question, precious?")

The half truth? Come on guys, help me! I often say that my best and easiest patients are those who simply can't talk to me. They can't and don't confuse the story, thus I can get right to business. However, the drips and drabs of information usually offered up just kill me.

Consider the usual car accident scenario: some guy comes in by an ambulance. The ambulance tech has some information, the kid will tell me what he wants to, invariably hiding details. And his buddies will add or contradict what the awake patient is telling me...

This does NOT help me piece together the broken jigsaw of a story. Remember, I am here to help you but on most days, especially between 2am-8am, my psychic telepathy is weak, and YOU need to tell me: just the facts, just the answers, to the questions that I have asked!

I am not a cop, or border control, or a target killer. I am just nature's middle-man.

I can help you, but it takes two to tango. And you are NOT off the hook unless you're in a coma!

## REMIXING RUMI By Dorian 'Paul D' Rogers



A POET'S TWIST ON THE ANCIENT CLASSICS OF RUMI

Paul D takes a classic poem and remixes it to give it a contemporary spin. Here he modernizes 'Untitled' as translated by Coleman Barks.

### UNTITLED

(translated by Coleman Barks)

Let the lover be disgraceful, crazy,  
absentminded. Someone sober  
will worry about things going badly.  
Let the lover be.



### UNTITLED

by Dorian "Paul D" Rogers

*Be schizophrenically infatuated with me.*

*Stay paranoid of our naysayers.*

*Love me with the dual personalities*

*of a wife and mistress*

*so that I'll never be tempted to cheat.*

*Sip pheromones like pomegranate wine*

*from the cups of my palms*

*until blood poisoned from the*

*intoxication.*

*Become deluded with the deluge of doubt*

*that cumulus clouds the light inside.*

*Be dependent on me, high-strung from*

*the high.*

*Be worry free as an Alzheimer's patient*

*whose mind stays on the repeat of a*

*Sherbert orange day.*

*Loving me with 99% of your heart*

*only amounts to optimistic fear.*

*Go crazy with me as we protest*

*this sane world in love together.*

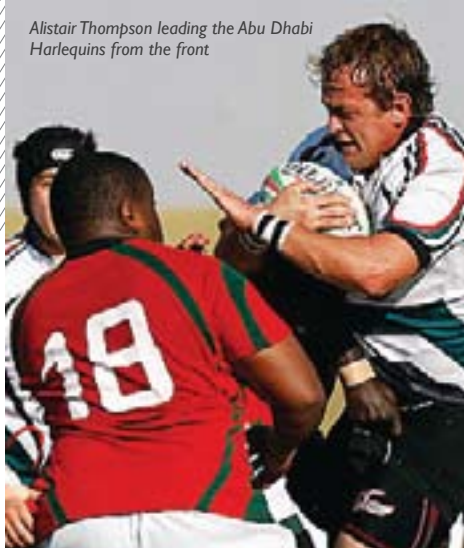
Watch Paul D ►  
performing his  
version of Untitled



If you have a poem that you would like Paul D to remix, send it to [sharon@tempoplanet.com](mailto:sharon@tempoplanet.com).



Alistair Thompson leading the Abu Dhabi Harlequins from the front



Alistair Thompson in action



Thompson with the Abu Dhabi Harlequins director, Chris Davis



# FOR THE LOVE OF THE SPORT:

## SPORT CAPTAIN OF RUGBY

By Katie Garvey of British School Al Khubairat

After being handed the captaincy to the Abu Dhabi Harlequins for being one of the standout players in the team, Alistair Thompson (Number 8) has decided to take a step back from professional rugby to focus on teaching and being a parent. Katie Garvey, a student from The British School Al Khubairat sits down with Alistair to talk about his love of rugby and his decision to retire.

### HAS RUGBY ALWAYS BEEN YOUR NUMBER ONE SPORT?

It has – always – I come from a town in the Scottish borders where rugby is the number one sport. My older brother played and I would always go along to watch his matches. By the time I was eight years old I was desperate to start.

### WHICH RUGBY PLAYER DID YOU MOST ADMIRE WHEN YOU WERE YOUNGER?

Growing up I was a big fan of David Campese. He was an Australian winger and a prolific try scorer.

### AND WHO IS YOUR FAVOURITE INTERNATIONAL RUGBY PLAYER?

I think there are a lot of players to truly admire; I guess people such as Dan Carter, just for being at the top of his game for so many years.

### PEOPLE SEE RUGBY AS A DANGEROUS SPORT IN COMPARISON TO OTHERS, HAVE YOU EVER HAD ANY SERIOUS INJURIES?

I've had my fair share of injuries – broken quite a few bones. I'm not sure that this interview is long enough for me to go into detail but my worst was probably a broken leg on the field in 2000 or when I ruptured my cruciate ligament and had to have corrective surgery in 2010.

### YOU PLAY AS A NUMBER 8. WHAT EXACTLY DOES THIS POSITION INVOLVE?

It's basically your link between the backs and forwards and involves a lot of tight play – tackling and rucking. I love having the freedom though to be able to just run with the ball.

### WHEN YOU DECIDED TO COME AND TEACH IN ABU DHABI DID YOU EXPECT TO HAVE TO GIVE UP RUGBY SINCE IT WAS NOT A MAJOR SPORT HERE?

It's funny how before you move out to somewhere new you research for any sport or rugby clubs but in my case, my brother had already been playing out here for Abu Dhabi Harlequins which used to be known as Abu Dhabi Bats. So I knew there was a team and organised competition which certainly made the move an easier one.

### HAD YOU EVER IMAGINED YOU WOULD BE CAPTAIN OF A NATIONAL RUGBY TEAM?

I think any player grows up aspiring to be captain of their country of birth but I didn't

expect to be, it wasn't in my plans when moving to the UAE. It was an honour though as I hadn't expected to be playing, never mind being the captain, particularly in the twilight of my career.

Over the past months it has certainly been fantastic to play internationally in my last season of rugby but to captain was a positive bonus.

### YOUR LAST MATCH WAS AGAINST JAPAN, HOW DID IT FEEL PLAYING KNOWING IT WAS YOUR LAST GAME?

Well, anybody I speak to or who knows me claims that it won't be... and wasn't my last. It was such a big and important game for the UAE that there were so many other things on my mind before and during the match that I didn't really get time to think about it. It was tough though.

In that last game we lost by 100 points but it is still one of the most memorable rugby matches I've ever played in my career... and I would do it all again!

To be honest I reckon that the reality of retirement won't hit me until next season when I'm standing on the sidelines and not on the field.

### DO YOU HAVE ANY WORDS ABOUT OUR SCHOOL?

I was very fortunate that the school was accommodating in allowing me time off to travel to places such as Japan and Korea. It's certainly my hope to put back the knowledge gained from this experience back into my coaching at school next year.



## media

Alma Kadragic



# A NEWS JUNKIE ASKS: WHERE DO YOU GET YOUR NEWS?

I've always been a news junkie, probably because I got the habit early from my parents who consumed The New York Times (NYT) and later also The Wall Street Journal (WSJ) as early as possible seven days a week. The New York Herald Tribune was also part of their daily news intake until it stopped publication in 1966.

Watching the 30-minute "world news" on network television at 7pm on weekdays was obligatory. We watched NBC News until I started working at ABC and then that became the default channel. At 7:30pm they turned to The MacNeil/ Lehrer Report on PBS.

Sunday mornings it was the three political talk shows, Face the Nation on CBS, Meet the Press on NBC, and whatever ABC had on. When David Brinkley joined ABC after retiring from NBC, they watched his Sunday morning show This Week with David Brinkley. These programmes usually ran at different times in the morning. During football season, often two would clash during the morning as the network tried to squeeze in prestigious talk

shows without compromising the big money from ads directed at the huge sports audience.

Growing up, I read and watched as my parents did. At The City College of New York, I began my career as a student journalist, joining The Campus newspaper, founded in 1907 and boasting a roster of former editors who worked or had worked at the top newspapers in New York and the country. When I joined ABC News in New York, I began reading more major papers in the morning, adding The Washington Post and Los Angeles Times, and watching two or three network news programmes in the evening.

At work, I watched them simultaneously on multiple screens in the newsroom and control rooms before and while the ABC programme was on the air. The three networks sent newscasts across the country at 6 pm on an internal feed. Stations aired the program live or recorded. At home, I watched CBS or NBC at the usual 7 pm. I could catch ABC on an affiliated station in Connecticut at 6:30 pm and see two of three programs.

As a journalist, I relied on contacts, fellow journalists, and print and broadcast news to keep up with general news and learn the latest about the stories I was following. Increasingly, I watched TV news only for really big live news events like

9/11 and huge sports events like Olympics, Super Bowls, World Series, Formula One, and Tennis Opens.

I still read whatever daily newspapers were available by breakfast time wherever I was. When I came to the UAE in 2005, I began daily breakfast reading of Gulf News and added The National as soon as it was available in 2008. That's what I did this morning before writing this column, and that's what I'll do tomorrow.

But I don't read these papers for news. I read them for columns and pieces that provide background and analysis. I also follow local business, social events, and entertainment. For analysis and US news in a world context I read NYT and WSJ online every day except Sunday when WSJ doesn't publish.

For news and all the breaking news, I got to Twitter. I follow more than 350 people and organizations from whom I learn the latest, long before it will be printed or broadcast. Smart print media organizations like Gulf News and The National know they cannot save news for print editions.

**Online is first, Twitter is next. The shortcut for news junkies is monitoring Twitter. Follow me @almakad to see the news sources I rely on.**





## tamakkan knowledge hub

Ian Mason

The Tamakkan Knowledge Hub is a roundup of tips, hints and advice for entrepreneurs and start-up businesses. It also keeps you updated on Tamakkan activities.



### SUCCESSFUL SELLING

Sales are everything in business. It is a simple equation: if you don't have sales, then you don't have a business. Successful selling is a skill that must be practiced; however, Chris Bradley, Managing Partner of Dubai-based Keys and Holes, offers Tamakkan some fast-track advice for new entrepreneurs.

"Time is money for every small business owner and one of the biggest pitfalls is made by not narrowing the prospecting focus from the beginning. Invest time to analyze the market and identify a) exactly who the ideal customer is and b) where to find them.

The main focus during any sales presentation is to know that the presentation is for them, not for you. Going in with a plan and structure is key but it is easy to get overly focussed on what has been prepared and believing that that's all the customer wants to see. Clients will tell you all you need to know and more if you simply pay attention to what is being said, how it's being said and where their attention is drawn.

Objections are part of the sales game and are actually a good thing. If clients don't have the intent to purchase, they simply say 'no'. The fact they've raised an issue means they are interested enough to want to know more."

Find out more from Chris by visiting [www.tamakkan.org](http://www.tamakkan.org) and clicking on the Tamakkan 2 Minute Talks page. You'll also find more industry insights on topics such as establishing a business, marketing, project management and human resources.

#### TAMAKKAN SEMINARS

The new season of Tamakkan seminars commence on Monday 17th September at 6.00pm at the Al Mamoura Theatre in Abu Dhabi (see programme on the right).

To join the Tamakkan database, email [rahul@brandmoxie.com](mailto:rahul@brandmoxie.com) with your name and email address, and mention "Tamakkan database" in the subject line.

## REGISTER! ▶

### OUR NEXT TAMAKKAN:

Monday 17th September | 6.00pm  
Al Mamoura Auditorium | Abu Dhabi

### ENTREPRENEUR TRAILBLAZERS: EMIRATIS EMBRACING CHANGE

Tamakkan will showcase 'I Love UAE,' an exciting entrepreneurship initiative founded by Amal Al-Agroobi that promotes Emiratis talents and gives them opportunities to grow.

Also sharing their experiences are three Emiratis who have benefited from 'I Love UAE'

- **Abdullatif Al Sayegh** who built his media empire from the ground up and now dominates much of the media sector with his company, Al Sayegh Media.
- **Ahmed Al Ali**, one of the founders of X-Architects, who decided to set up his own firm after working and training with several international companies.
- **Talib Al Hashemi** is the co-founder of the UAE's first and only Emirati recruitment company, Next Level Recruitment. He now successfully supplies UAE nationals to government and private companies.

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# LIFE CHANGE AND CAREER MOVE

## TEACHING AND THE TERRIBLE TWOS



Anushka with her class



When Anushka Abraham , 23, graduated from university a couple of years ago she couldn't find a job in her field of study. To make ends meet and earn a bit of cash she decided not to wait for opportunity to come to her but rather to take control over her life, so she started private tutoring. Soon her passion for teaching grew and she now embraces the life of a preschool teacher of two year olds.

Anushka, who was born in India and raised in Bahrain loves her new found freedom in the UAE, surrounded by international friends. While she got into teaching through necessity, she now realizes how much she loves her job: "I started teaching general subjects for about two years now, and have just become a preschool teacher this past year. Even though I fell into this job quite by accident, I realize now how much I like teaching."

She believes that the process of teaching has taught her a lot about herself and others. "It's been an amazing learning experience and I'm looking forward to learning new things and experiences everyday...and all of that has taught me the value of patience and understanding."

She believes that being a good influence is critical to the students' development. "We all know how influential a teacher can be. When you're in a class room you do what you set out to do, over time you see the children developing, absorbing knowledge and picking up the skills that you've been working on with them. It feels so fulfilling; I really cherish the relationships I form with each student."

But facing the terrible twos is not always easy, she says. "I've had times when I feel at my wits end and I realize that I have to develop coping skills to deal with everything that's thrown my way. Thankfully those times are few, and when I take a day off to refresh my mind I'm all ready for a new day."

Anushka says that the feedback from her students' families and her colleagues keeps her motivated and on track. Working as a teacher has made her more aware of the importance of strong foundational education.

She believes that education should be available to everyone.

She is happy with her chosen career as a teacher and urges young adults to consider a teaching career. "You need to keep an open mind, be headstrong and just go with the flow of your own instincts and also keep learning from the experience," Anushka says. "I've got my own set of values and principles and I try to maintain them and review and renew them. As a teacher you learn to be more patient since kids are very receptive, and so you find that your mood and attitude can influence them easily."

Anushka says the most important thing she has learnt so far from her teaching experiences is to never underestimate what a child can teach back. "Children view life in simple terms, and their curiosity and innocence can teach you to appreciate a lot more in your life."

**As much as Anushka enjoys her current job, she wants to travel and volunteer to make education available to the less fortunate. "I would like to gradually teach older students as the years go by."**





## VIDEO COMPETITION 2012



### HOW TO ENTER

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### horoscope

**Aries:** Remember that it takes acorns and a lot of time and patience to make a shady oak tree, and that seeds planted now may take a long time to come to fruition. Avoid making enemies over minor matters, even if you feel you are right. An interesting evening could develop from what seems to be a very boring affair.

**Taurus:** The variety in your social life may have reached the bedlam state and you should take time to sort things out and do away with the unnecessary dates on your calendar so that you can enjoy the truly important ones. Give a thought to spending time with an older person who cares deeply for you.

**Gemini:** A major purchase you have been planning should perhaps be delayed for a short while until you get some definite information on a promised promotion or pay raise. Consider becoming involved in some community project which could utilize your talents and yield personal pleasure as well as make a definite contribution to the community.

**Cancer:** Your ability to expend energy over and above your normal expected share is a rare gift — but you should be cautious of doing so much that you endanger your health. As the season begins to move more definitely into the cooler period, you should be careful of exposure and drafts.

**Leo:** Use that recently acquired bit of “found” money in ways that will bring personal pleasure. Saving is a good habit — but you also need to indulge yourself once in a while. That is not to say you should ignore chances for fun and frolic — just try to keep things on an even keel and don't expect too much.

**Virgo:** Family illness or an accident could mar your plans for a long-planned outing or vacation. Keep your money in your sock instead of throwing it away on projects which will not do much for your personal pleasure or your long-range improvement. An introduction to a striking companion could set the stage for a highly interesting relationship.

**Libra:** Be satisfied with getting the job done, even if the credit is claimed by people of little real ability. Wise observers will know who is responsible and arguments over a credit line could prove harmful. Financial matters should be handled promptly and advice should be sought from an older and more adept person if problems develop.

**Scorpio:** Be careful not to assume the worst about a close friend or lover, particularly if someone comes to you bearing tales. If the charge is serious, face up to it and ask for an explanation — but don't convict before the defense has a chance to speak. Honesty in a work situation is vital, there are those observing you closely for a possible promotion or job offer.

**Sagittarius:** If at all possible, plan to get away for a few days in the near future so you can re-think some long-made plans for the future. A change in direction now might be difficult — and even painful — but not as much as it could be later. Give up on a romantic project that has been hanging fire.

**Capricorn:** A change of direction or profession is not impossible for you at this point. It is not advisable to throw away years of preparation on a lark — but remaining in a situation because it is easy is not the best move either. Seek advice from a person who has faced a similar situation. An old flame could make an amusing, yet attractive, proposition.

**Aquarius:** Your love life may be in for an exciting, if bumpy, period during which there could be some exhilarating highs — and a few deep depressions. If you hang on for the entire ride, however, you will probably be glad that you did. Career choices could be many at this time, but give full consideration to your present position before you grab for the brass ring.

**Pisces:** Your business life could become inescapably involved with your private life, bringing a good deal of frustration and even unhappiness — unless you follow a strict rule about fraternization in the office. Keep your head down in any family arguments and avoid direct confrontations concerning your past. Gain an undying friendship by being discreet concerning a minor offense.

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Beverlie Austine



# AN ARTIST'S LIFE:

## ART LIVING YOUR DREAM

By Mahak Mannan

Most of us believe that life is about following your dreams and having no regrets. But for 25 year old Abu Dhabi resident, Beverlie Austine, this belief led her to make a bold move when she quit her desk job in 2009 to pursue her passion as a make-up artist, actor and singer. She told her story to Tempo...

Beverlie moved to the UAE with her family in 1999. When she was just 14 she started applying make-up for her friends and family. This hobby took a turning point one Halloween night when Beverlie thought of experimenting with special effects make-up (SFX). It started when she used wheat flour instead of latex... and has never looked back since.

With no professional training in SFX, Beverlie proudly proclaims that "YouTube has been my best friend" teaching her all that she needs to know. She also likes being as authentic as possible which is why she puts a lot of research in to her work. "When I do SFX work that includes burns and wounds, I usually put in a lot of research into how wounds and burns look and how they begin to heal. Her work was so impressive, she says, that even doctors were impressed.

Beverlie has no regrets about quitting her bank job after a mere 11 months of employment, even though her income has become unstable. She says that she lives by the motto 'Vita Sine Paenitentia' which means 'Life without Regrets.' Beverlie adds: "It's because whatever you do in life, even if it's not the best decision, it is what makes you who you are at that point of time".

Beverlie worked her contacts and was soon off to New York City where she was introduced to Paul Hampton, the American actor and singer. She worked with him on a song and has since then been collaborating with him from overseas. Beverlie says that the trip to New York is what inspired her to stick to her dreams. Once she got back to UAE, she took the Michelle Danners course for acting and worked on projects at the New York Film Academy.

In the last six months Beverlie has been working in Bombay where she acts and records voice-overs for projects back there, but she feels that the UAE is a better place to establish herself. After all Beverlie got the rare opportunity to work as assistant make-up artist for Mission Impossible: Ghost protocol which was partly filmed in Dubai!

"Mission Impossible was very organized, and a great experience! I worked with a professional



team of people and got to know how it is to work with other people and actors," she said of her experience.

But it wasn't all fun and games when you work for the year's most awaited movie. Beverlie remembers the long shifts, the tiring hours and how she even had to sleep in a tent at one point!

On top of being a make-up artist, Beverlie dabbles in jazz and blues, and also sings a bit of pop. She is currently a part of a band called Muzo Vendetta who perform at weddings and other occasions.

"I want to have a firm foothold in each art form and to transition among them. I have wanted to be part of the film industry since I was a child and I love being behind the camera."



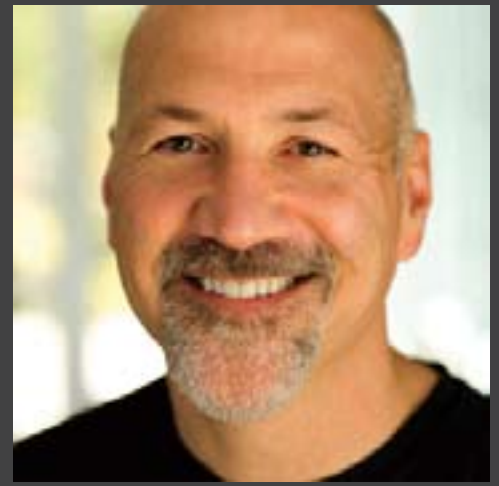
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