

tempo

CREATIVITY • SOCIAL CONSCIOUSNESS • INSPIRED THINKING

AUGUST 2014

FREE

www.tempoplanet.com

f Abu Dhabi Tempo
t @abudhabitempo
i @tempoplanet



p16 **SKIMBOARDING**
RIDE THE WAVES!

p14 **TALENT WATCH**
DANA DAJANI

p18 **BEAUTIFUL BANACA**
ARTISTIC AND SUSTAINABLE

Please present this voucher to avail the offer



**Cooldest Offers
On the Hottest Cars...**

*T & C Applied



Europcar

moving your way

+971 2 626 14 41 Ext.(12, 53, 33)

800 (ERAC) 3722

time to Reveal

The Kids County at Al Wahda Mall offers you a wide range of kids' lifestyle brands from across the world, from kid's prêt-à porter, toys, book stores, party accessories, kid's accessories and from prams to maternity wear and much more for children and parents alike.

The Stylish, The Sporty & The Casual Side of You

| Adam's Kids | Gap | Mamas & Papas | Mothercare | Next | Riva | Sacoor Kids | Pumpkin Patch | Tape a' l'oeil
| Annabelle | Anotah Kids | Athlete's Co Kids | BHS | Carter's | Charanga | Chateau de Sable | DbBabies | Destination
Maternity | George | Gingersnaps | Gioseppo | Gocco | Gymboree | H & M | Iconic | Junaid Jamshed | Just for Kids
| Koton | La Petite Couture | LC Waikiki | M & Co | Me & My Little One | Monsoon Children | Nautica | New Look |
Premaman | Sergent Major | Skechers Kids | The Children's Place | Tommy Hilfiger Kids

Tel: +971 2 4437000, Abu Dhabi, UAE. www.alwahda-mall.com



alwahdamall



www.ADLINEAD.com

Managed by:
LINE لاين
INVESTMENTS للاستثمار
& PROPERTY L.L.C. والعقارات ذ.م.م.
A DIVISION OF LULU GROUP INTERNATIONAL
Building retail excellence



Cd's note



After a Ramadan that has brought us much introspection and spirituality, we now officially enter that hazy, lazy undefined period that is 'summer'. Despite the welcome respite, there is also a palpable sense of renewal and of rebooting for self betterment.

Going forward, we need to carry forward the holy month's principles of compassion and kindness. As this goes to press, the tragedy in Gaza continues to unfolds, with the death of so many innocents, and the worsening of already deplorable living conditions. We also see continued senseless strife in Iraq and Syria, not to mention other places full of human tragedy. In a world of so much turmoil and sadness, we should be thankful, forgiving and more steadfast in our humanity.

This month's Tempo brings us stories of hope, where people are making a difference, whether it is by challenging themselves or enriching the community - from a group of guys who have found a new love for the ocean, to an innovative product from the Philippines 'abaca' tree that holds hope for sustainability and economic empowerment, to amazing artists, singers and filmmakers who are challenging the way we see ourselves and our world.

Pray for goodness, and for peace.

Sana Bagersh
Managing Editor
Bagersh@tempoplanet.com
Twitter **@bagersh**

Tempo sat down with these sport professionals to talk about their passion. Check out Jinan CD and Steve Outlaw!

29

Contents

04	notes &cyberchatter
05	op ed: singing in schools
06	what's hot
07	what's cool/people calendar
08	tempo top 10/high five/#temporeviews
09	talking books/the blog
10	phototripping
11	shutterbug adp
13	rejjig it/little people
14	Dana Dajani
15	time capsule: liv knight
16	skimboarding: ride the waves!
18	bold and beautiful banaca
21	#temposwag
22	articulate café/dhabi dames
23	doc in house/youth talk
25	flash fiction
26	game hedz/tech talk
27	women in business/an expat returns home
29	profiles: jinan cd and steve outlaw
30	instafame

ADDRESS:
To reach editorial at Tempo email: **editorial@tempoplanet.com**. If you need to find out where you can pick up your copy call: **02 491 8624/25** or check out the list of Tempo distribution points on our website.

NOTE TO ADVERTISERS:
Advertisers can request brand tagging with all advertisements. To reach advertising: tel: **02 491 8624/25** | fax: **02 491 8626** | email: **advertising@tempoplanet.com**

DISCLAIMER:
Tempo Magazine does its best to ensure the authenticity and accuracy of its contents, the publisher cannot accept any responsibility for errors, mistakes and inaccuracies. The publisher reserves the rights of this product and no part of this publication may be reproduced in any form or by any means without the permission of the publisher.

MEDIA LICENCE NO. 1/105866/24295

TEMPO GROUP:

MANAGING EDITOR Sana Bagersh	DESIGN & LAYOUT Roshan John Kalarickal
EDITORIAL COORDINATOR Vera Rosales	PHOTOGRAPHER Angeli Castillo
MARKETING COORDINATOR Manjul Abhishek	DISTRIBUTION COORDINATOR Melaku Muluneh

EDITORIAL CONTRIBUTORS:

Angelique Goldsworthy	Iman Chatila	Seumas Gallacher
Ann Liska	Layan Al Ramahi	Shahid Saeed
Azza El Masri	Meghna Choudhary	Sophia Grifferty
Blakniss	Paul "Dorian" Rogers	Theresa F. Weber
Dr. Alma Kadragic	Robert Millner	Huda Ahmed
Dr. DMS	Sarah Khan	AbboudSaad Al Breiki

OP ED:



WHY SINGING IN SCHOOL IS SO IMPORTANT

By Robert Millner, Singing and Choral Development Teacher BSAK

In any examination of singing/choral tuition at a school, the fact that we are dealing with young voices must be stressed. Children are not and perhaps should not be professional singers. Learning to sing well involves a long process of intense study, and only a few children will be capable of following this path. Nevertheless, pretty much any child's voice can be improved with training, and basic elements of singing technique can be instilled at a young age. In particular, the flattening of the tongue, and raising of the soft palate, the use of the diaphragm muscles to support the voice, and the coup de glotte. As in all subjects, children will pick things up at different speeds, and individual holistic tuition will always be preferable to group teaching.

Some children will have a better ear for music than others, but this does not mean that the other children cannot be trained to match them. Also, some children will have stronger voices, and although there will always be children naturally

more gifted than others, good training can build a weak voice into a strong one. The danger of group singing is that those children who recognise they have a weak voice or bad ear, may just lose heart and give up. A serious point to make here is that insecurity of voice applies to all boys when they are going through the period of change in the voice.

Choir singing is probably the best way to train children at primary level, but with these provisos: that some basic technique is taught to the choir by an experienced teacher who can observe which of the children have understood, and help those individuals who are struggling with certain concepts; that some music theory is learnt, ideally all children who have music lessons should be taught to read music; that the songs learnt are not too challenging in range; that children become used to holding a line of music by singing rounds or partner songs, to prepare them for more sophisticated choral music.

To explain the above: A young very talented private student of mine took about 8 months to grasp the concept of diaphragmatic support of the voice, and that is with individual lessons and a great deal of support from her parents. In fact, I taught the relevant techniques to

the parents, and with daily attempts at achieving the goal, the child finally got it. The transformation of her voice was predictably immense, and she started to win talent competitions and get the lead roles in productions etc. These basic techniques can be the difference between having a voice or not having a voice. Trying to achieve this with, say, 30 kids in a group situation is probably impossible, although in my experience some success can be achieved and once certain children learn the techniques, they help their friends. Therefore my conclusion on this would be it is worth a try, and certainly better than just bashing out repertoire. A few children will always get the sense of being left behind, however and care must be taken with these children, as, I am a great believer in the Rudolf Steiner philosophy that all children can grasp concepts, it just takes longer with some.

The point about music theory and reading music is an important one. The English alphabet has 26 letters, and children learn it easily enough. The musical alphabet has just 7 letters (arranged in the same order as the English alphabet) yet very few children are taught to read music. The best time for a child to easily acquire a new language is up to the age of 6. If an English teacher had a class of children who couldn't read or write English,

parents would be up in arms. Why should it be any different with music?

The range of songs chosen for choir training is crucial for the development of young voices. Although there is less fluctuation in tessitura of voices than say the German Fach system implies, nevertheless, some children's voices will be higher or lower than others. The children with lower placed voices will suffer most if a song is sung in too high a key, and may be put off singing for life. This is of course particularly relevant to boys after the change in the voice. It takes time for a boy to understand where his voice lies, and the insecurity that springs from not being able to pitch notes correctly because of this is probably the main reason so many boys give up singing at senior level.

The importance of children developing the ability to hold a line in a choir situation is obvious. Too much unison singing will hinder this, and just reinforce the inability to sing independently.

One more important technical issue is that it is much better for the human voice to warm up gradually, and settle over the course of a day. A good night's sleep, and a healthy lifestyle make a huge difference to the voice. If children get tired, they are also more prone to sickness.

What's hot

your guide to this months' hottest events

TO ADVERTISE YOUR EVENT AND BE INCLUDED IN OUR ISSUE, CONTACT US AT: +971 2 491 8624 or e-mail editorial@tempoplanet.com



SHADOWLAND

8-16 AUGUST 2014

ABU DHABI NATIONAL EXHIBITION CENTRE,

This original and surreal theatrical performance by an American modern dance company, Pilobolus, is a merging of shadow act, dance, circus, and concert. Shadowland narrates the experiences of a nameless teenager that include a flight of imagination and nights of bizarre and horrifying combats. Steven Banks, the lead writer of the animated series SpongeBob SquarePants was involved in the creation of Shadowland. The choreography is inspiring to all audiences but especially for theater fanatics.

www.adnec.ae



2014 FIBA U17 WORLD CHAMPIONSHIP FOR MEN

8-16 AUGUST 2014

HAMDAN SPORTS COMPLEX, DUBAI

The official FIBA under-17 basketball tournament is heading to Dubai this summer as the International Basketball Federation (FIBA) hosts its 2014 U17 Basketball tournament at the Hamdan Sports Complex. Launched in 2010, this bi-annual sporting event features some of the world's most skilled and talented junior basketball teams.

www.fiba.com



ARAB STARS SHOWCASE

14 AUGUST 2014

EMIRATES PALACE, ABU DHABI

Three of the most talented youths of the Arab region, Mohammed Assaf, Ahmed Al Bayed and Mohammad Al-Dairi will combine their skills in singing, illusion, and speed painting to produce an Arabian extravaganza. Good family fun.

www.thinkflash.ae



CAKE BOSS LIVE AT THE PALACE

9 AUGUST 2014

EMIRATES PALACE, ABU DHABI

Italian-American celebrity chef, Buddy Valastro, will be joining this year's Abu Dhabi Summer Season! Valastro will be hosting an interactive event consisting of live demonstrations, experiences with his hit American TV Series 'Cake Boss', a Q&A, and lots of audience-involved stage fun! Happy baking!

www.abudhabievents.ae



BOLLYWOOD SPECTACLE WITH SUNIDHI CHAUHAN

15 AUGUST 2014

EMIRATES PALACE, ABU DHABI

Bollywood sensation Sunidhi Chauhan is a popular playback singer who is best known for her songs in Hindi films. Accompanying Chauhan will be her spirited dance group. This will be a night full of colour, energy, and good music. A perfect way to celebrate the independence day of India, Bollywood style!

www.abudhabievents.ae

ADFF at The Space

Mondays | 7:00PM

ADFF at The Space is a series of film screenings presented by the Abu Dhabi Film Festival (ADFF) in partnership with The Space. Visit www.adff.ae for more information.

Photography Workshop

August 10 | 1:00PM-5:00PM

Learn how to capture a stunning photo and receive hands on instruction with a one-day basic photography workshop at The Space. Feel more confident and leave a pro! This workshop includes an introduction to photography, camera operation and handling, basic terminology, training and a free DVD tutorial. For registration call 0508262950.

Metronome

August 30 | 4:00PM - 10:00PM

Metronome is a touring music festival across Abu Dhabi in the month of August. The series of concerts will showcase up and coming musical talent from across the Emirate. Catch some home grown summer entertainment at Metronome, hosted by The Space.

The Space is a cultural venue and social hub located @ twofour54 Rotana Complex, Abu Dhabi.



TheSpaceAD

What's cool

these happenings are the talk of the town

TOURISM YOUTH SUMMER CAMP 2014 10-25 AUGUST 2014



YAS Rotana and YAS Centro, Abu Dhabi

The aim of the tourism Youth Summer Camp is to give students an understanding of the country's hospitality and tourism sectors and the role they play in the emirate's economic diversification and socio-economic development.

The camp will include several workshops covering a range of topics from culture, hospitality, aviation, tour operations, events, attractions, sports tourism, entertainment and entrepreneurship. The camp also includes hands on opportunities such as fieldtrips to hotels, airports and other attractions.

Details: +971 24181493 | tourismyouth@tcaabudhabi.ae

SKILLS4LIFE- SUMMER TECHNOLOGY CAMP 2014 17-28 AUGUST 2014



Institute of Applied Technology (IAT) and the Abu Dhabi Vocational Education and Training Institute (ADVETI)

The aim of this summer technology camp is to deliver courses on technical and vocational education. The camp will include cultural and recreational activities, field trips, English classes and competitions, as well as opportunities for meetings with leading industries.

Skills4life targets UAE students in grades 7 to 12 who are interested in improving their technology skills. UAE nationals will be admitted for free. The camp will run at the Institute of Applied Technology (IAT) and the Abu Dhabi Vocational Education and Training Institute (ADVETI).

Details: +971 2 613 2000 | info@skills4life.ae

INNOVATOR SUMMER SERIES COMPETITION 24 SEPTEMBER 2014



Petroleum Institute, Abu Dhabi

THINK IT. MAKE IT. SHARE IT - WIN IT! Create your own do-it-yourself (DIY) project and enter it into the Innovator Summer Series Competition for the chance to win one of two 5,000 AED awards! Projects can range from robotics and electronics to arts, crafts and fashion. Second competition closes September 24, 2014.

Visit the Innovator Zone for access to equipment, tools and mentors. Innovator zone is open from 10AM - 6PM at the Petroleum Institute: August 2nd | August 16th | August 30th

Details: www.innovator.ae

STAY UPTEMPO! LIKE AND FOLLOW US ON OUR SOCIAL MEDIA:



Abu Dhabi Tempo



@abudhabitempo



@tempoplanet

Also join our FB group, **TEMPO - TEMPOPLANET**, to stay updated on our community events dedicated to the arts, music, and fashion!

People calendar

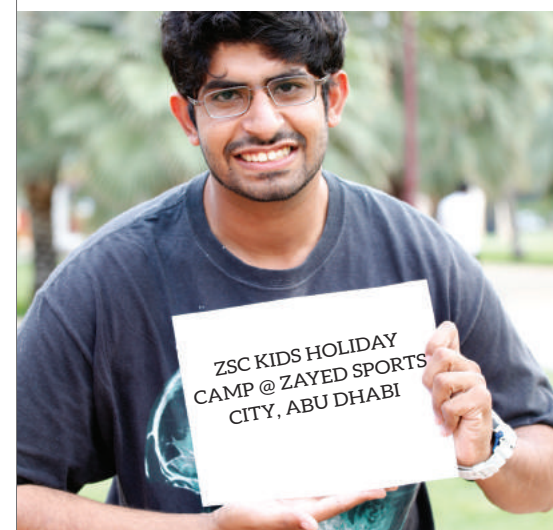
saif

- 26 years Old
- Student
- U.A.E



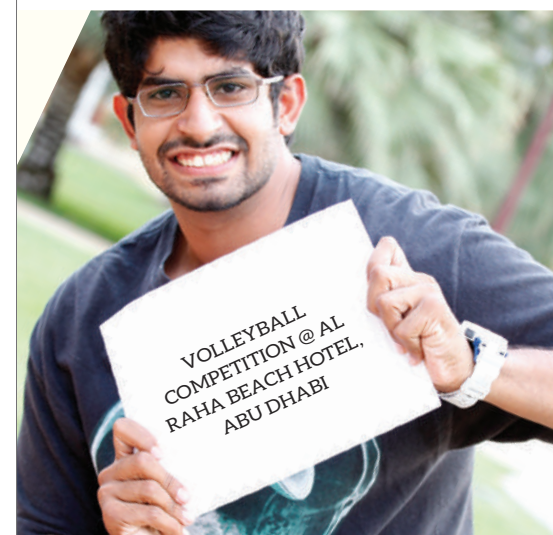
1 aug

6 sep



3 aug

28 aug



28 aug

30 aug

< Angeli Castillo

tempo's top 10 songs in the uae.

1 **SUMMER**
➤ Calvin Harris

2 **CHANDELIER**
➤ Sia

3 **MAPS**
➤ Maroon 5

4 **RUDE**
➤ Magic!

5 **LATCH**
➤ Disclosure Feat. Sam Smith

6 **CLASSIC**
➤ MKTO

7 **BOOM CLAP**
➤ Charlie XCX

8 **REALLY DON'T CARE**
➤ Demi Lovato Feat. Cher Lloyd

9 **HOME**
➤ Naughty Boy

10 **AM I WRONG**
➤ Nico & Vinz



Josh Monteath

Age: 21
Nationality: Indian
Genre(s): New Age, folk/blues
Inspirations: John Mayer, Kings of Leon, Life in General.
Favorite Artists: My inspirations above
Music Dreams: Do this for a living and connect with people
Check out my channels here:
Facebook - Josh Monteath Music | SoundCloud - Josh Monteath



Watch my High Five video here



SHOUT OUT: ARE YOU A SINGER/BAND AND WANT TO BE FEATURED IN "TEMPO HIGH FIVE"? DROP A LINE ON EVENTS@TEMPOPLANET.COM AND BE SURE TO JOIN THE TEMPO - TEMPOPLANET FACEBOOK GROUP

tempo movie reviews

Follow **#TempoReviews** on Twitter for more.



now showing this month

Tempo's movie buffs came together and discovered this month's latest flicks in the Gulf.

POWERED BY



For contests, ticket giveaways and freebies, Like & Follow Tempo on Facebook, Twitter & Instagram!



GUARDIANS OF THE GALAXY

GENRE: ACTION | ADVENTURE | SCI FI
TEMPO PREDICTION: ★★★★★

IN THE FAR REACHES OF SPACE, AN AMERICAN PILOT NAMED PETER QUILL FINDS HIMSELF THE OBJECT OF A MANHUNT AFTER STEALING AN ORB COVETED BY THE VILLAINOUS RONAN.

FUN FACT: CHRIS PRATT WENT ON A VERY STRICT TRAINING REGIMEN AND DIET FOR 6 MONTHS AND DROPPED ANOTHER 60 POUNDS FOR THIS MOVIE.

Directed by: James Gunn
Cast: Chris Pratt, Vin Diesel and Bradley Cooper



THE EXPENDABLES 3

GENRE: ACTION | ADVENTURE | THRILLER
TEMPO PREDICTION: ★★★★★

BARNEY AND HIS TEAM, KNOWN AS "THE EXPENDABLES", COME INTO CONFLICT WITH RUTHLESS ARMS DEALER CONRAD STONEBANKS, THE EXPENDABLES' CO-FOUNDER, WHO IS DETERMINED TO DESTROY THE TEAM.

FUN FACT: SYLVESTER STALLONE OFFERED A SUPPORTING ROLE TO JACKIE CHAN BUT CHAN REFUSED BECAUSE HE WANTS TO PLAY A LEAD ROLE.

Directed By: Patrick Hughes
Cast: Sylvester Stallone, Jason Statham and Jet Li



WHAT IF

GENRE: COMEDY | DRAMA | ROMANCE
TEMPO PREDICTION: ★★★★★

MEDICAL SCHOOL DROPOUT WALLACE MEETS CHANTRY, AN ANIMATOR WHO LIVES WITH HER LONGTIME BOYFRIEND STRIKING UP A CLOSE FRIENDSHIP WHICH MAKES THEM THINK OTHERWISE.

FUN FACT: DURING THE FILMING IN DUBLIN, RADCLIFFE SPENT A NIGHT AT A HOUSE PARTY. HE WAS HOWEVER, ON SET TO FILM THE NEXT MORNING AT 8 O'CLOCK.

Directed by: Michael Dowse
Cast: Daniel Radcliffe, Mackenzie Davis and Zoe Kazan



HERCULES

GENRE: ACTION | ADVENTURE
TEMPO PREDICTION: ★★★★★

HAVING ENDURED HIS LEGENDARY TWELVE LABORS, HERCULES, THE GREEK DEMIGOD, HAS HIS LIFE AS A SWORD-FOR-HIRE TESTED WHEN THE KING OF THRACE AND HIS DAUGHTER SEEK HIS AID IN DEFEATING A TYRANNICAL WARLORD.

FUN FACT: THIS FILM IS BASED ON THE GRAPHIC NOVEL "HERCULES: THE THRACIAN WARS"

Directed by: Brett Ratner
Cast: Dwayne Johnson, John Hurt and Ian McShane

TALKING BOOKS

A Book Review by Azza El Masri

Americanah by Chimamanda Ngozi Adichie

Since the beginning of the industrial revolution, class has appeared to dominate discourses of conflict in most developed and developing societies, and often overshadow parallel struggles of gender, and race.

However, in Americanah, Adichie tells a poignant story against the backdrop of racial tensions in the West and other experiences such as immigration, deportation, marriage, sex, and the eternal pursuit of the American dream.

Americanah is not a simple love story. It is raw, realistic, and very modern. The story begins in Lagos, Nigeria, where Ifemelu and Obinze meet as teenagers and are propelled into a whirlwind courtship. But they become driven apart by college opportunities abroad on one hand and familial duties on the other.

The Nigeria that Adichie describes is corrupt, under military-backed government, and socially divided. It is a Nigeria that is entrenched in the normalcy of family affairs, and teenage love stories, but it is a country that doesn't see the issue of race.

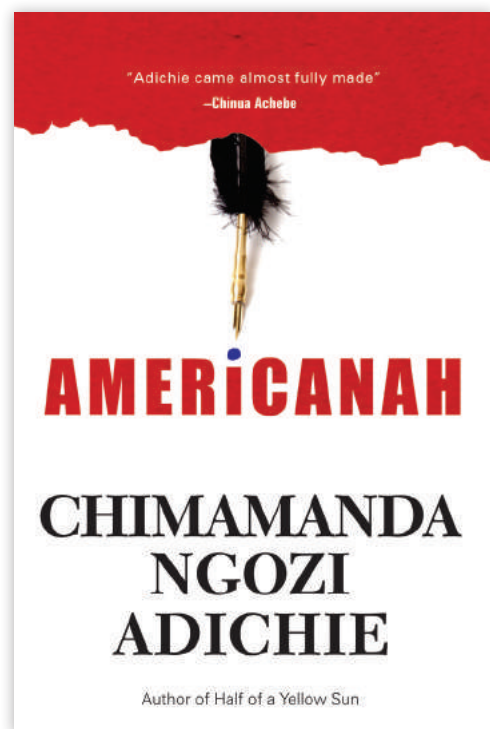
But the protagonists discover that in the United States race does matter. It is hierarchical, patriarchal, and inevitable. It looms over daily interactions, in arbitrary security checks and income gaps, and often drives itself in as a wedge in interracial relationships..

Obinze prospers and begins to amass inexplicable wealth in Nigeria. And although Ifemelu had not left his mind since she has left, he forces himself to move on, marry and bear a child with his wife. But despite all of the hardship they both face and the years that flee by, when they finally meet again, they will have to make the hardest decision of their lives.

Adichie writes with sobriety and ruthlessness, and doesn't care about being fluffy and politically correct. She drives the nail home in her real depictions of immigration experiences, and paints caricature-like portraits of authority figures, whether American or Nigerian, through the lens of Ifemelu's gaze.

Poignant, heroic, and absolutely necessary, Americanah brings the matters of race and immigration to the forefront of a discourse largely shielded by tiptoeing policies and political-correctness.

Azza El Masri is an avid reader and is always looking for new recommendations. You can reach her on: www.tempoplanet.com/talking-books



THE BLOG

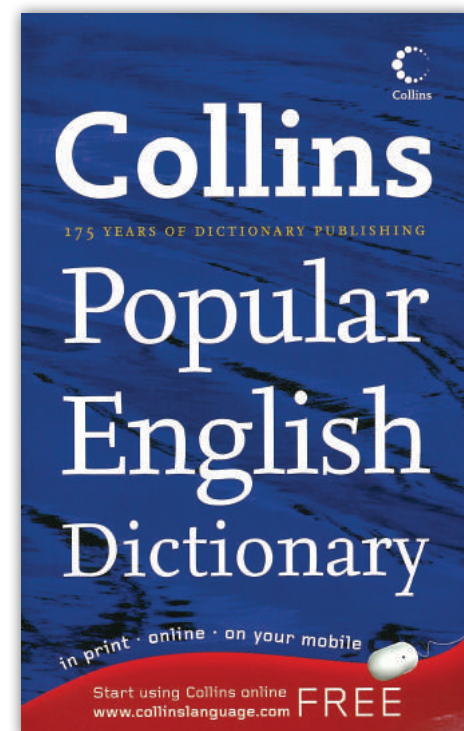
By Seumas Gallacher



...it's when they tell yeez, 'Yeez can't do THAT!' ...and yeez go ahead and do it anyway... that!... #TBSU...

...being of mixed Irish/Scots heritage, I s'pose it's in this ol' Jurassic's DNA to display rebellion at the drop of a tartan tammy (Scottish Highlander's hat, Mabel)... but I'm sure it's a trait shared by others not fortunate enough to be touched with the Celtic tinge... as far as I can gather, there's no record of my having organised institutional warfare against the nursery school as a toddler... the maverick symptoms manifested themselves a tad later... and I can pinpoint the day and the place for yeez... my life experience had stretched to all of eleven years and a wee bit... English Literature class in Glasgow... Subject: Essay Writing... even back then, WURDS fascinated me... a Collins dictionary, well-thumbed, was

one of my favourite possessions... and here's why... every week, the English Literature Master, a humourless, spiritless, English Literature-less dominie, Professor Mackay, handed out a topic, around which we motley students were obliged to concoct some essay for the following week... and every week, the budding Steinbeck residing in my soul went searching through the Collins lexicon pages, in pursuit of WURDS to use.... preferably the stranger, longer and weirder-sounding the better... noting the meaning, and then crafting sentences around the discovered WURD treasures... 'excellent initiative' yeez might surmise... a surmission, unhappily, not shared by the joyless Professor Mackay... on two notable occasions he rejected my use of language as being 'non-existent'... one WURD was/is 'flounced'... and a phrase I recall, 'in her mind's eye'... like the budding Braveheart that I was, my reaction was an immediate, and p'raps a bit overzealous flourishing of the precious Collins edition, with 'flounced' clearly annotated, and a copy of Baroness Orczy's, The Scarlet Pimpernel, wherein the phrase 'in her mind's eye' was already underscored in red ink... I do not wish to impugn the memory of the long-since-departed-to-the-Great-Dominie's-Retreat-In-The-Sky Professor Mackay by repeating the torrent of vocabulary he demonstrated, some of which I can assure you does not appear in the Collins version that I have... he spoke not a single WURD to me for the rest of that class year... but he has bequeathed to me one precious attitude...it's when they tell yeez, 'Yeez can't do THAT!' ...and yeez go ahead and do it anyway.... that!... so off yeez go and flounce away in yer mind's eye to yer respective hearts' content... see yeez later... LUV YEEZ!...



LAUNCH OF THE TEMPO BOOK CORNER

Do you have any books lying around your house that you don't even read anymore?

Tempo invites everyone to donate their books for our book corner which serves as a mini-library for our community. Share your literature and spread the love of reading!

If you're interested to donate, drop us an e-mail at editorial@tempoplanet.com to schedule an appointment for the drop off.



Follow Seumas on Twitter: @seumasgallacher

photo tripping

NEWLY UNVEILED NATION GALLERIA MALL

PHOTOGRAPHER: ABDULLA BAOBEID

My name is Abdulla Baobeid. I am 21 years old and my passion in photography started back in 2008 when I found a small digital camera lying around my house. I started with some online tutorials and I just kept on developing my skills in taking pictures. After a while when my family recognised my skills they decided to purchase a professional camera for me and ever since then, they became my main pillar of support and I am very thankful.

Here are some photos I took of the new Nation Galleria on the Corniche.



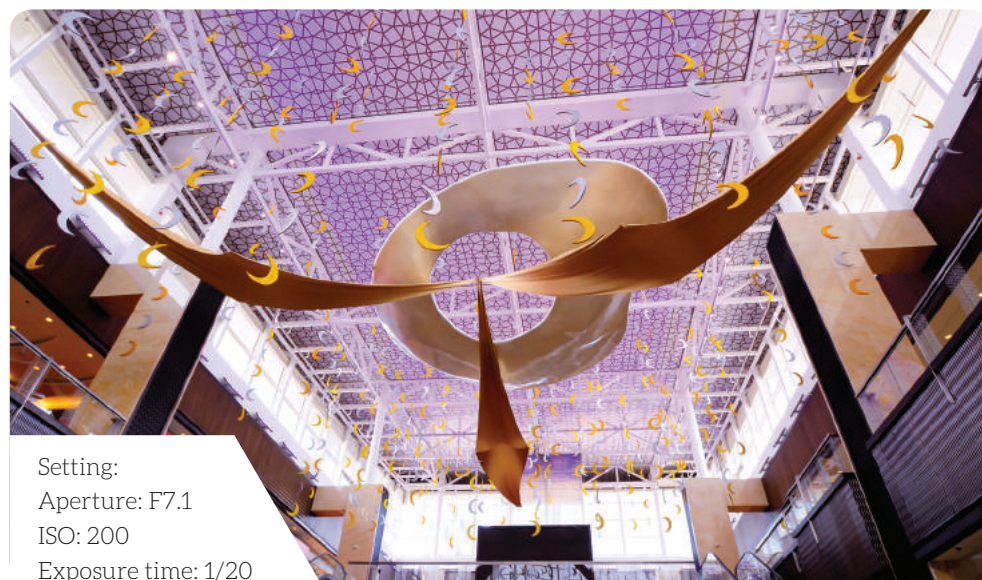
Setting:
Aperture: F7.1
ISO: 250
Exposure time: 1/20



Setting:
Aperture: F7.1
ISO: 250
Exposure time: 1/20



Setting:
Aperture: F7.1
ISO: 250
Exposure time: 1/20



Setting:
Aperture: F7.1
ISO: 200
Exposure time: 1/20

shutterbug adp

THE CHALLENGE: MESMERIZING AL AQAH “NATURE KINGDOM” THE GROUP: ABU DHABI PHOTOGRAPHERS

The Challenge: To capture the scenic Al Aqah Beach Fujairah. Al Aqah Beach is considered to be ideal for long exposure photography; the sandy beaches are covered with beautifully formed rocks offering the possibility of endless compositions from sunrise to sunset. The meet-up was co-hosted by UAE Landscapers; about 40 members took part in the amazing photo shooting opportunity.

ABOUT: Abu Dhabi Photographers is a group of photography enthusiasts who meet regularly to capture beautiful shots and to share knowledge and experiences. The group is managed by BrandMoxie.



Akhter Hasan



Jubin



Mohamed Alwerdany



Sam Olabi



الهلال الأحمر الإماراتي
Emirates Red Crescent

Open your eyes...

To Dalma Mall's

“A TIME TO SHARE” Donation Campaign

In coordination with **Emirates Red Crescent**, Dalma Mall will accept donations throughout Ramadan until Eid Al Adha.

Drop your donations of clothes and non-perishable items in the charity collections boxes located on the Ground Floor and First Floor of Dalma Mall.

Kindly approach our Customer Service Representatives
or call 00971 2 5509555 for assistance.



dalmamall



@dalmamall



@dalmamallsocial



dalmamall.ae



دلما مول
Dalma Mall

rejig it

PROJECT REDIVIVUS: RECYCLING ART

ARTIST: LAMA YOUNES, AGE: 25

STUDENT: New York Institute of Technology

ASPIRES TO: Become an artist

The collection is called Redivivus because that means to reuse or bring back to life.

We salvaged the five barrels from garbage skips in Bateen. They were original packaging for swimming pool chlorine. The concept behind this project is to recycle unwanted objects into art pieces that can inspire and be used for decoration.

I decorated the five 75 gallon barrels with acrylic paint.

Each piece has a different name and theme. Each barrel is inspired by doodles, puzzles, and different elements that surround us everyday. One piece stands out. It was inspired by Bridget Riley, one of my favourite artists, and the piece is called 'Movement in Squares'.



1-"Spiral"

2-"Movement in Squares"

3-"Puzzle"

4-"The Village"

5-"Zigzag"

DANIEL MALAK'S "LITTLE PEOPLE"



Locally based filmmaker Daniel Malak doesn't want us to forget the values and lessons of Ramadan, and he has eternalized that spirit in a short film called 'Little People' about the city's street sweepers. It was an entry in last year's Abu Dhabi Film Festival, and is a strong reminder for all of us to think of those who may be "invisible" to us.

Tempo: Daniel what is the message of 'Little People'?

Daniel: To shed a light on the lives of street sweepers who are a part of our society and work really hard to make sure the streets are clean.

Tempo: Were the street cleaners comfortable with being filmed?

Daniel: We needed to establish a connection and mutual trust. It took a couple of days for them to open up

completely and thankfully they did. They were okay with being filmed, however they also wanted to carry on with their work.

Tempo: How similar were the stories of the street cleaners?

Daniel: Each one is unique however there were similarities when it came to their lack of education. They all barely had any dreams or ambitions and most feel that it is pointless now anyway.

Tempo: How do they face summer?

Daniel: We all know how hot it is in the summer, so to be outdoors in a forty plus degree with high humidity and not be able to drink water? That takes really strong and committed characters.

Tempo: What motivated you to create this film?

Daniel: The fact that the streets are constantly clean and I was curious to know who these people who are doing all this hard work. They're a part of the society I live in, and yet they're not very visible. I needed to get to know who they are, know more about their lives. I wanted their story to be told.



Tempo: What have you learned from this experience?

Daniel: I learnt that there are great people out there in this world that do amazing work but they usually go unnoticed.

Tempo: How else are you spreading awareness about this?

Daniel: Me and a couple of friends have started a campaign called Support a Street Sweeper, which we hope would get more people to notice street sweepers, and be able to communicate more with them. They're a part of our society - the least we could do is say hello to them and thank them for the hard work they put in cleaning our streets. You can like our community page on Facebook: Support A Street Sweeper.

Tempo: Any upcoming projects?

Daniel: Yep, fingers crossed!

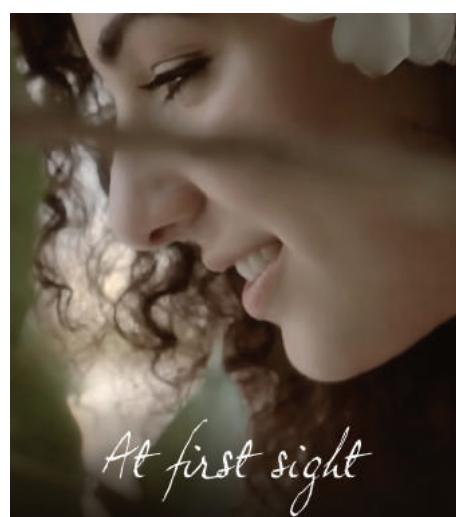


Dana Dajani is a creative talent and a vocal activist to be reckoned with. The 25 year old Palestinian actor, writer, director, and poet made her artistic debut with her short film "At First Sight" based on a poem by the Syrian romantic Nizar Qabbani which landed her the finalist spot at Tropfest Arabia in 2011 along with the award for "Best Actress".

Dajani attributes her artistic perspective to her experience growing up between the USA and the Middle East, and describes herself as a 'third-culture kid'. Despite living abroad all her life, she maintains a visceral connection to Palestine, often airing her views across social media, against oppression and occupation.

Dajani says her passion for performance began as a child when she would constantly read out loud any and everything she could find. "This funny habit lent itself very well to drama, and I was cast as the narrator in my first play in kindergarten. I never stopped performing!" She says she went against her parent's wishes for her to pursue a career as an engineer or lawyer by secretly switching her major in university to a Bachelor's of Fine Arts in Theater. Ever since then, she has been making her living by performing on stages around the world.

Poetry, another passion for Dajani, began as a coping mechanism after her family abruptly left Saudi Arabia when Al Qaeda bombed the compound of her



home in 2003. "I immediately began to fill journals just trying to process my thoughts. Writing had only been creative exploration for me, but after the bombing it became therapy - introspection."

Last year was a career high point for Dajani, who was scouted to perform at the Sydney Opera House a play celebrating Swami Vivekananda's teachings on peace, harmony, and the concept of Absolute Oneness. Dana joined Bengali actor Shaheb Chatterjee, along with a cast of 10 Australian actors and four musicians in the World Premiere of "Oneness: Voice Without Form".

"Honestly, that was one of the greatest experiences of my life; to spend two months studying people of such profound character, then to embody them, perform for full houses at a global icon of culture like the Sydney Opera House, and tour our production to Brisbane as well...it was such an honour to be there. It was an experience I will always treasure," she enthused.

Dajani draws inspiration from an interesting pool of storytellers: "Especially the Hakawati, or ancient Arab orators, I want to revive that old oral tradition in a contemporary style! Other inspirations are: Mike Daisey, an American monologist who is constantly pushing the boundaries of modern one-man shows and storytelling; Kate Tempest, British poet and musician who tells stories in rhythm; and Macklemore, American hip hop artist who uses every song as a platform for his activism."

Dajani loves to combine performance poetry with live music. "For two years, I have been performing with Layla K- an amazingly soulful Jazz singer, and three very talented musicians, in a band called FLOETICS- an experimental riff on rhythm and rhyme, combining poetry, melody, and lyrics." FLOETICS gained regional attention when they were recently featured in 'TheFLEX' on Fox Arabia.

Independently, Dana has collaborated with musician Aaron Kim to create an experimental EP called "type two error," a dark fusion of Dana's poetry and Aaron's electronic music. Dajani says she aims to publish a collection of her poetry and prose in 2015, and that she may include in it some of her theatrical pieces such as "Medusa's Misunderstanding," a humorous monologue that presents an alternative history of the notorious Greek character. Dajani has also penned two plays; the first is an Arabic farcical twist on the story of Adam and Eve, while the second play is a hip-hop drama written in verse. Both were performed at a short play festival in Dubai in 2013.

Dajani is currently working on a play about the correspondence between May Ziyade and Khalil Gibran. She describes the unusual relationship: "The two literary figures wrote each other for 19 years, but never met. They were in love, and once Gibran died, Ziyade went mad. Arab scholars and poets often refer to "jnoon", or insanity, as the highest form of love. This play will be an exploration of their relationship as chaptered by the Arabic 'levels' of love."

Inspired by the famous Persian poet Rumi, Dajan cites the words that have inspired the direction of her life towards exploring art and spirituality, "Let the beauty of what you love be what you do, there are a thousand ways to kneel and kiss the Earth." In a prose piece, she reiterates his famous words, "Let every act be one of worship, every word a prayer."



Check out Dana Dajani's poem, "Love Letters from Palestine", filmed in Bethlehem in 2013:



TIME Capsule

freeze frame: a moment in life

ABOUT ME

LIFE

MUSIC

FOOD

TRAVEL



Age: 28

Profession: DJ/Producer

Nationality: British

Motto: Blind Faith

Personality: Split ;)

Liv Knight

My most valued possession:

Laptop

Where I hang out most:

In the UAE it is Nasimi Beach or Iris on Yas. Otherwise it's summer in Miami or Ibiza.

I can't live without:

My music and a gym.

I need for my survival:

Mascara, good shoes, good headphones, mobile.

Car I would most like to own?

Dodge Viper

My typical day is:

I get up, either go to the gym or look through music, then go to spin for a few hours, then see my buddies. After that, maybe go out :)

In 10 years I want to be:

In broadcasting - having had my time as a DJ... with men doing my housework while I'm on a beach in LA :)

My idea of peace:

A beautiful view, an ocean, a cliff top, anything where I'm high and can see true beauty in nature.

My goal in life?

To be a successful artist. To make wicked music, play wicked music make my money from this and to smile everyday.

A random act of kindness:

I bought some of the beach workers new trainers as they didn't have proper shoes and some didn't really have any.

Three things I learned today that I can improve on tomorrow:

Patience is key: to centre yourself else nothing is clear: to not let romantic notions override true goals; and if I have a lot of power, to wield it correctly.

A big thank you goes to:

My pop - he tries to help me and loves that I am doing my music.

My earliest memory:

My brother teaching me to climb out of my cot when I was tiny tiny .. I managed it too ... It was impossible but I did it - much to my mother's horror.

To look great I'd wear:

A polka-dot bombshell dress or similar and emulate a silver screen goddess.

If I was stuck in an elevator, I'd want it to be with:

A super guy who would be ex military and could help get us out (then a date of course) Or Armin Van Buren so we could talk music and business.

My current Last SONG syndrome (LSS):

Hey Now - London Grammar (Arty Remix).

A perfect weekend is:

A picnic, a beach or a country drive, beautiful music, sunlight , and time with people I adore, then DJing in a big club or on a stage with amazing people dancing and having so much fun.

I'd rather be:

Jumping out of a plane over the Palm in Dubai. (That's the one thing I never did yet!) OR watching the sunset in Ibiza.

If I found myself with a free ticket to the moon:

I'd take it!! Because I'm a tough cookie and could handle space, AND because that's too epic to say no to! I'd take with me a scientist who could give me facts as we went up, and a big ass music producer so we could collaborate on a track whilst in space...SIIIIICK!

An event in history I wish I could have seen:

The Boston Tea Party.

A person in history to ask a question:

Shakespeare - I'd ask him who wrote all his plays.

Food I can associate myself with:

Broccoli... it's intelligent food. It's green, and I'm eco friendly, and it has big curly sprouts like my curly hair :)



< Angeli Castillo

SKIMBOARDING: RIDING THE WAVES!

By Angie Castillo

Nothing is as exhilarating as riding the ocean waves, and for an intrepid group in the UAE the sport comes alive in skimboarding – a water sport activity that involves a small board and a whole lot of patience! Tempo went ‘skimming’ with Sean Jahnig, Mohammad “Hooba” Ehab, Bombi Bien and Duard Hoffman...



TEMPO: What is skimboarding?

SEAN: It is a combination of surfing and skateboarding. The concept of riding the wave is same in both-but the biggest difference is in the way you get onto the wave, and also in the smaller, finless board of skimboarding that enables you to do more ‘tricks’.

There are two main types of skimboarding (or skimming): flatland and waveriding. Flatland is more of a ‘retro’ style: it involves a wooden board and not much waves. Waveriding (which is the type we do) requires the rider to use the skimboard - which is smaller than a surfboard and doesn’t have fins - to ride the waves found near the shore (also called the shorebreak). You start on the beach and when you see an approaching swell (an unbroken wave, not the white ball of foam we call a foamie), you run towards it. Before you can ride the wave you need to transfer your speed from the land to the water with you on the board. You approach the wave, and as your drifting speed abates, you hop onto the wave and ride it back to shore.

HOOPA: Skimboarding is the art of using the water surface as concrete and the face of the wave as a ramp haha... it’s just awesome.

SEAN: Most people look at skimboarding and think it is a lot of work and not worth it. That’s mainly because it is a lot of work to get yourself in the position to ride the wave. But after you’ve run, dropped the board, and drifted 15 meters into the wave - and started riding - it is incredible! Not to mention all the guys on the beach cheering your awesome ride.

TEMPO: What makes a goodskimboarder?

SEAN: I think it is having the passion to invest in a board and getting down to the beach at dawn. It doesn’t matter how good you are.

DUARD: Once you get the drop and drift you can be classified as a skimmer... and once you get your first wave you are a skimboarder!

HOOPA: You can call it an addiction... it starts with flatland skimboarding as a ‘gateway’ drug.

TEMPO: How would you describe a perfect wave? Is there such a thing?

SEAN: The perfect wave has many variations. For me the perfect wave depends



From L to R: Duard Hoffman AKA HOFFIE, Sean Zahng AKA Seano, Bombi Bien AKA Beano and Mohamed Ehab AKA Hobo

on how smooth conditions are, the size of the wave and its location in relation to the shore (close but not too close). I've experienced many incredible waves; and they're all a taste of how good it can really get.

DUARD: For me, the perfect wave breaks not too far, so when you wrap the wave you are in the right spot to surf it back to the beach.

HOOPA: My perfect wave cannot be more than shoulder high. It has to come from a pure swell, not windbreaks, about 10 meters away so that you can actually enjoy the ride to reach it. And it must also break from one side first and allow you to ride it for a few seconds. I have never come across but it's always on my mind.

TEMPO: How do you define your skimboarding style?

SEAN: I'm a waverider.

DUARD: I do the drop, and hop!

HOOPA: I'm a goofy footer: I drop the board then slide. I'm keen to learn the 'monkey crawl' - this is when you hold both sides of the board, then crouch down, run into thick water while at the same time maintaining a fast pace... then you hop and glide onto the board. The 'monkey crawl' makes things a bit easier in windier and choppier conditions.

TEMPO: How did each of you discover skimboarding?

SEAN: I love the ocean. I bodyboard, surf, windsurf, bodysurf - pretty much anything I can do at the beach that involves the sand, water and waves. Skimboarding is a relatively new sport and quite unknown. I always used to get disappointed when I got to the beach at sunrise to find unimpressive waves. So I searched for a new sport six or seven years ago. I decided that waves are not satisfactory here and that I needed something new to inspire me to be on the beach at sunrise again. That was skimboarding.

DUARD: I moved from South Africa where I used to surf. But when I got to the UAE there were no "surfable" waves, but the shore break was perfect. So after watching a YouTube skimboarding video I decided to give it a go! I have never looked back!

HOOPA: For me it started on the Abu Dhabi Corniche beach. I was chilling with my pals M.K., Saef and a couple of other guys. Saef brought a wooden board and we were all taking turns at it. After a long day at the beach I asked M.K. what we had been doing, and he told me it was skimboarding. A few clicks later I found the Brandon Sears' professional skimboarding video, and like Duard "I never looked back again".

TEMPO: In the UAE the waves get as good as they get for skimboarding just 3-5 times a year. Is that a big challenge for you?

SEAN: Definitely. Unlike jogging or going to the gym this is the kind of sport that you love first, and enjoy second. There were a few shops that stock boards, but sadly the only real shop that supported the sport and riders and also organised events has closed down. We're now pretty much on our own.

DUARD: In the last few years we have lost many beaches due to construction of hotels and malls!

TEMPO: So what do you do?

Duad: We keep exploring in the hope of finding the perfect spot with perfect waves.



TEMPO: What should new skimboarders be mindful of?

SEAN: I would tell them to beware of the ankles. If you have never done a boardsport before then you probably won't be familiar with the sensation of being on a board when it is moving. For that reason people tend to fall back and it can get nasty.

DUARD: To be careful of people standing along the shore.

HOOPA: Avoid windy days and avoid areas with rocks or shells. Also be sure to avoid crowded places, because you might not get hurt, but when the wave carries your board straight at someone you're in trouble.

TEMPO: So you have to get up at the break of dawn to skimboard? (groan)

SEAN: That's pretty obvious! If you don't love it, then you're going to struggle to get out of bed.

DUARD: You have to stay stoked and keep pushing yourself! You only become better if you keep pushing yourself!

HOOPA: There's no advice other than love what you do!

TEMPO: Where can we find good waves in UAE and how can we get started?

SEAN: There are many good spots around but you need to observe the wave charts, because waves come and they disappear quickly. So if you're not on time, you miss out. You can contact us through our Facebook group "Skimboarders of the UAE".

TEMPO: Any good music tracks to go with skimboarding?

SEAN: Skrillex and Damian Marley - Make it Bun Dem is a pretty cool track that fits right with the whole skimboardingvibe.

DUARD: Pennywise's Nowhere Fast.

HOOPA: Mac Miller's Live Free.



BOLD AND BEAUTIFUL BANACA

RESILIENT LIKE THE FILIPINO PEOPLE

Innovative Filipino designer Dita Sandico Ong presents 'banaca' the name she coined for the magnificently elaborate fashion wraps she designs using abaca fibre, a material from a plant indigenous to the Philippines. Dita visited Tempo's offices, along with the Philippines Ambassador Grace Princesa, to demonstrate the stylish versatility of 'banaca,' while the ambassador discussed the material's miraculous properties. Tempo's Vera Rosales laid out the red carpet for a fashion shoot...

Vera: Dita, can you tell us more about yourself and your fashion line?

Dita: I've been a designer for the past 30 years, and I work with the special fabric called banaca, short for banana-abaca, which comes from a little fishing village in the south of the Philippines called Catanduanes. Villagers there hand weave the fabric. Everything is organic and it goes through a process of weaving, dying, spinning and hand knotting – and this industry helps sustain the community.

Vera: Ambassador Grace, how did you meet Dita?

Ambassador Grace: Growing up in a province called Albay, I was very fond of abaca. And when I started working in diplomatic services, I kept hearing about Dita Sandico Ong's wraps. Once I became an ambassador, I wondered what I could wear in the UAE that uniquely represents the Philippines and its people. After a bit of research, I discovered that the Philippines is the top producer of abaca in the world and that the agriculture secretary described the fabric as a clear representation of what the Filipino people are made of: "strong, resilient and exceptional". And from then on I followed Dita and her work reverently, eventually calling her and creating this relationship.



Vanessa Middleton

Vera: Dita, tell us about the community initiative for the villages that you work with as part of your fashion line's advocacy.

Dita: It's been my passion for the past thirty years to work with the weavers in the villages. When I was young my father used to immerse us culturally, by taking us into the mountains where there were a group of weavers called the Mangyans. That was my first exposure to the weaving industry. And little did I know that eventually I would become a fashion designer and work with their weaves and fabrics. Somehow this early exposure enlightened me to help people in this community.

Ambassador Grace: I think that this is a great initiative by Dita as it not only helps the environment, but it is a livelihood-generating project that helps the women in these communities. This is why I want to showcase the product in the UAE; not only as a beautiful art form and sustainable product but also to help the people behind its production.

Vera: Dita, what difficulties did you face in building your banaca wraps business?

Dita: My business went through so many different phases that I had to figure out what it was that I really wanted to do. It was also part of tracing my roots, going back to where I started and somehow establishing a connection with the past. I loved the sustainability of the raw materials and I knew that there were challenges that were going to come. I had to have a stronger sense of my ideas and what I wanted to do. I told myself, "I think I can do this for a living now".

Vera: How did you come up with your 'banaca' designs?

Dita: My first inspiration was the "paru-paro," which is the butterfly. The 'banaca' fabric has the same qualities as the butterfly wings: transparent, translucent, sheer, and the fabric shines on its own. It really took off so we made the wraps with different butterfly names.

Ambassador Grace: The nice thing about Dita is that she creates her own genre. She is the 'banaca' queen, and she's the only person who does this.

Vera: Indeed, this is the first time Tempo has come across anything like this. Dita, what is it about your job that you love most?



Designer, Dita Sandico Ong (left) with Philippine Ambassador Grace Princesa (right)

Dita: I enjoy the travel and getting invited to shows that bring out the best of the Philippines. I love being able to showcase the craft and to do fashion shows abroad and to meet new people – and seeing their excitement when they see and feel the wraps.

Vera: Where have you been showcasing your fashion?

Dita: Before coming here, we were in Athens. We were invited by the Philippine Ambassador in Greece to display our products at an event marking the Philippine Independence Day. It was extremely well attended, especially by the different foreign ministries. And I think the best part was showing audiences how these clothes can be worn, and how they are relevant to the international market.

Vera: So what do you have planned for your fashion line?

Dita: We're looking at expanding globally – selling through my website but also marketing through other online stores and getting more exposure through shows. My company has to keep evolving; with new designs displayed in my shows and shared with people of different cultures.

Vera: How has your experience in the UAE been?

Dita: It's like a new experience every time I visit, because it is always changing and you get to meet new people. Abu Dhabi is a place where there's a lot of excitement going on and there's a lot of youth and creativity. This place has given me the opportunity to get in touch with people of all ages and walks of life. That alone gives me the energy to go back to the Philippines and say, "yes, I'm going to do more things and hopefully make a difference".

Vera: Do you think the UAE has a role to play in international fashion?

Dita: Definitely, but I would also like to hopefully inspire UAE fashion in two ways, in the use of innovative fabric such as this and in styling, such as the silhouette effect that my wraps produce. I'd like to think we can assist fashion designers here with input on fabric and even in sewing techniques.

Vera: Do you think the UAE has a sense of its own style?

Dita: Oh yes, definitely. I can see it and it's clear what people want. The culture speaks for itself and people have their own way of thinking. We hope to get nationals to take notice of what we are doing.

Vera: What is your message for aspiring designers?

Dita: Get back to yourselves and become rooted in a cause that means something to you. If you know yourself better, then you can produce more beautiful things. People will take notice because of who you are – and not just for creating things. You should also show respect to your culture, and love for your country.

Vera: Ambassador, any special message to Filipinos reading this?

Ambassador Grace: I know you are all like the abaca - so stay strong, resilient and exceptional.



Danielle and Loryn Harris



YOUR CHOICE OF FASHION
AND CUISINE IS HERE.

Shop for the latest collections and your favourite brands. Savour delicious cuisines and exotic coffees at the food court. Spread over 3 floors, the mall houses 110 stores including Lulu Hypermarket and Matalan Department Store. Step in and you'll know it's just the place to be.

Managed by:
LINE لاين
INVESTMENTS & PROPERTY LLC
A DIVISION OF LULU GROUP INTERNATIONAL
Building retail excellence

Edible
ARRANGEMENTS


الخليفة مول
KHALIDIYAH MALL
THE PLACE TO BE

EXPLORE

#TEMPOSWAG



> Aldo Thirede Bangles

Available @ Al Wahda Mall



> Bally Badrias Bag

Available @ Marina Mall



> Paul Andrew Ankle Strap Stilettos

Available @ Dubai Mall



> Fay Bijoux Necklace

Available @ House of Fraser, World Trade Center



> Delsey Back to School Backpack

Available @ Jashanmal, Marina Mall



> Eddie Borgo Silver Plated Bracelet

Available @ Luxury Arcade, World Trade Center



> Linda Farrow D Frame Acetate Sunglasses

Available @ Minbart Concept Store



> PrettyFIT & BeetleBug Concept Shoes

Available @ Mall of the Emirates



> Rado Hyperchrome Men's Watch

Available @ Hour Choice, Khalidiyah Mall



articulate cafe

HIP HOP AND HAPPENING



Award-winning poet and Tempo contributor, Dorian “Paul D” Rogers sat down with Marcel Lteif, Lebanese composer, producer, audio engineer, Hip Hop artist, and graduate of SAE-Dubai to share a coffee and good conversation about everything related to Hip Hop music.

Paul: You were born in Beirut, Lebanon. What are your memories of childhood?

Marcel: The strongest childhood memories I will always carry are my family’s struggle and the sacrifice my father went through to provide his kids with opportunities.

Paul: Beirut is known for having a lot of talented musical artists. Who were your Lebanese influences growing up?

Marcel: I was mostly exposed to Arabic singers such as Majida El Roumi, Fairuz, and of course the legendary, Umm Kulthum. When I became aware of the local Hip Hop scene, almost every artist

I met influenced me especially the entire Underground961.

Paul: Who influenced you in American Hip-Hop?

Marcel: I was first introduced to Hip Hop when my aunt bought me my first Tupac cassette tape named “ All Eyez on Me.” I was maybe nine or ten years old. That album was my stepping stone to Hip Hop. I eventually found out about Africa Bambaatta, Public Enemy, NWA, A Tribe Called Quest, Brand Nubian, X-Clan, Kool G Rap, KRS-One and many others. I was listening to a lot of the commercial Hip Hop of the Late 90s and early 2000s such as DMX, Jadakiss, Xzibit, Biggie Smalls, and Eminem, but the artists who heavily influenced me into wanting to take rap seriously and made me focus on lyrical skills were Big Pun, Wu Tang Clan, and Immortal Technique.

Paul: You named some great artists and groups. What was it about their styles or message that inspired you?

Marcel: Big Pun is ahead of his time especially when it comes to his lyrical attributes and multi-syllabic word play while Wu Tang’s style influenced me in the type of metaphors they would deliver. Immortal Technique’s political knowledge and concepts in storytelling influenced me in understanding the different dimensions an artist can write about on a subject. KRS-One’s message about Hip Hop made me understand this genre as a culture and how acquiring knowledge about self can benefit everyone.

Paul: You have a very conscious element to your lyrics. Why are you so dedicated

to speaking the raw truth about society?

Marcel: I think it comes from the simple fact that I don’t like to see people struggling. It also comes from the experiences of seeing families divided over greed and some perpetuated by politics. It’s the faults that I saw in myself that enabled me to start taking on the raw truth.

Paul: How is the UAE arts culture different from that of Lebanon?

Marcel: In my opinion, artists in Lebanon are more driven and hungry given the circumstances of our environment. I guess the experiences are different coming from a war-torn capital.

Paul: Where do you see yourself ten years from now?

Marcel: My career goals are to establish a company or production house that would promote independent artists.

Paul: What suggestions would you give to an up and coming Hip Hop artist or producer that wants to get exposed in the UAE?

Marcel: I am not at a level to be giving advice to any kind of artist since I’m still struggling in that arena myself. When it comes to creating an environment where artists can grow through skills and consistency, history has shown that a formula doesn’t exist. I’m a firm believer of embracing your own struggle, which is why I don’t have an answer to this question.

Paul: I’m glad you can relate to the struggle. I have a confession to make. I’m struggling to pay Dh 45 for this cup of coffee. Do you mind taking care of the bill?

dhabi dames

LIKE A ROLLING STONE

BY ANGELIQUE GOLDSWORTHY

Every expat knows what it’s like to leave a piece of them behind. Most of us have sold or left behind all earthly possessions, except for that precious 30kg of luggage allowance. We also left titles, reputations or positions in the community that we’d worked hard to achieve over the years. Certainly, each of us left family and loved ones behind. Of course there may also have been ‘baggage’ we were only too happy to leave behind. Nevertheless, no matter how bright the future seemed with that dazzling, tax-free salary and bargain-priced SUV, we still arrived with some sense of loss... the feeling that we’d let go of something precious forever. Perhaps Bob Dylan had us expats in mind when he sang: ‘How does it feel? To be on your own, with no direction home, like a complete unknown, like a rolling stone...’

At first when meeting people I felt the need to justify myself by mentioning past achievements; what I’d done back home. But soon, life in the UAE took shape, new memories were made, new friendships forged, new roles adopted... I forgot what WAS and started focusing on the NOW. An old proverb says ‘a rolling stone gathers no moss’. Life as an expat gives us the chance to travel and explore new things, to live creatively and learn from that ‘university of life’. In that sense, we are typical rolling stones; you could

even call us rock stars! But if ‘gathers no moss’ means to not accumulate new friends or possessions, well then expats are NOT rolling stones for long. I know this for sure, because after six years in Abu Dhabi, we recently moved back to South Africa and I realized just how deeply our roots had grown.

Before moving we decided to sell our furniture and take only a few boxes of irreplaceable items collected on our travels. I advertised items for sale on our compound’s Facebook page. Over the next few weeks our villa became steadily emptier and I got to meet tons of amazing people. Many locals and fellow expats arrived to bargain over a sofa or kitchen gadget and ended up staying to chat. If only I had realized before that my neighbors were such amazing, friendly people!

Each farewell over the following weeks, from lengthy lunches to brief goodbyes, was a bittersweet affirmation of the beauty and depth of the connections we had formed. From my closest girlfriends to the ex schoolteachers, from my church group sisterhood to the hairdresser and laundryman, each one made me realize how extraordinary our UAE experience had been. Perhaps it’s through sacrifice that we gain the most. By shedding our previous support systems we expats arrive in Abu Dhabi free of those previous laurels upon which we rested; we are forced to connect with others in the same boat or rather ‘fresh off the boat’. So yes, we do accumulate some green stuff... we rolling stones quickly ‘gather moss’.



Dr. DMS

A doc from the Bronx

doc in the house

I NEED FLUIDS, DOC

When you come to the Emergency Room with a complaint do you expect an IV line to be inserted?

What's an IV line? Well, let me describe it to see if you've been through the experience.

An IV is a long thin needle with a plastic sheath covering it. It is carefully drilled into your vein to deliver medications and fluid solutions.

It seems that every patient gets one, whether they expect it or need it. On most occasions, I can be pretty confident that if a patient is in a stretcher waiting for more than 30 minutes, the nurse will diligently place one, prior to my asking. I am in no way criticizing this approach. In fact, they are automatically doing what they / you perceive as being necessary and are helping out by "getting the ball rolling", so to speak.

But, how often do you really need it? If your blood pressure is low, you're vomiting, you need certain medications that only come in IV form are all good reasons.

But, if you have a slight "tummy ache" (imagine "Precious" sitting in the stretcher eating chips and drinking RedBull), a mild headache, feel dizzy... Chances are you don't actually need that IV!

IV lines are a physician hack, for curing most illnesses, as patients are led to believe that the doctor does in fact agree

with them, that they are ill, and hence the IV. You must be sick to get an IV, right?? It's amazing how patients seem to get immediate relief for so many common complaints from just the IV and fluids alone. And who am I to say that that's wrong, if it does in fact instill a sense of healing and wellbeing?

I guess that the feeling of the cold surgical steel piercing skin, followed by the surge of cold fluid rushing up your arm instills a sense of immediate treatment, resulting in sudden relief. No other medications needed.

Amazing.

Let's see the whole picture though, as there are downsides. Many medical folks advocate, that, "if you have a mouth, then use it" (if you're not actively vomiting, of course). Why? Because it's a quicker way to deliver medications, it's less painful, and there are none of the complications associated with pacing an IV.

Complications?? Imagine fluid leaking into your tissues, causing tissue damage (this can be really bad), infection / abscess formation at the site of the IV, scarring, etc. Another important and often overlooked factor to be considered is that it takes nursing time and skill. That time may be better spent with someone who really is ill and in need of immediate treatment.

A wise doc once told me, "If you pretend to be sick, I'll pretend to be your doctor". So, next time you demand that IV, think twice. Remember, that it may in fact just be a physician hack to make you feel better, while otherwise doing nothing. And guess what? You got better.



A CELEBRATION OF SERVICE AT THE AMERICAN COMMUNITY SCHOOL OF ABU DHABI

BY SOPHIA GRIFFERTY, ACS

The year 2014 has been a great year of giving at the American Community School of Abu Dhabi (ACS). Over 150 people attended the Celebration of Service held at the close of the school year, which applauded the accomplishments of the academic year.

The inspiring event highlighted the 18 service groups active in the high school: Habitat for Humanity, M d cin Sans Frontiers, Operation Smile, Green Team (Environmental Action Group), National Honor Society, Enterprise Club, Palestinian Children's Relief Fund, Athletics and Activities Council, Human Rights Club, Circle of Life, Kenya Desk Initiative, JamboTuleni Tanzania Initiative, Animal Action, Haiti: Hands On, Refugee Project - Jordon Visits, Tri-M (Honor Music Society), 30 Hour Famine, and GINergy (Community Action Conference). High school student officers who hold weekly meetings and organize fundraising and awareness events throughout the year lead each service group.

Each group made a bulletin board and leaders in each group were able to summarize the year's successes, thank the departing officers, and welcome the new officers. The atmosphere was warm and welcoming, and every group felt accomplished with what they had achieved.

Anne Russell, the high school's passionate service coordinator, organized the celebratory event with the help of her "Global Connection Service Class."

An active service group at the school is Habitat for Humanity, which organizes service trips for 30 students who spend 10 days building houses for poor families. Past countries include India, Kenya, and Sri Lanka. This academic year, the Habitat for Humanity trip was to Cluj-Napoca, Romania, where students helped build a multi-family home for four families. The service club raised Dh 40,000 throughout the year to cover costs of the trip and

make a donation to the families in need.

Another service group is for the Palestinian Children's Relief Fund (PCRF), a non-political service organization that raises funds to medically aid children in the Middle East. The group successfully raised Dh 60,000 by organizing fundraising events including a dinner for Cleanco workers, an indoor soccer tournament, and Valentine's Day candy-grams. The funds raised were given to PCRF in support of doctors and surgeons working at a hospital in Gaza, to the Healing Hearts Campaign, and to children who needed surgeries.

The Green Team, an environmental action group, recycled the equivalent of seven kilometers worth of plastic bottles over the year. The group in recycled plastic, paper, and cans around the high school every week. In addition, they also eliminated plastic water bottles from the high school, by stopping the sale of plastic water bottles in the school and encouraging the use of reusable water bottles. This made a huge difference in not only plastic consumption but also the sustainable culture at ACS. The Green Team also organized Earth Week to spread awareness, which included an energy blackout day at school and a beach clean up on Yas Island.

The fourth service group served M d cin Sans Frontier (MSF), which is more commonly known as Doctors Without Borders. This is an independent organization that provides medical humanitarian aid to places in crisis including epidemics, armed conflicts, natural disasters, and famines. The school's main events of the year included MSF's Dirham Jar Awareness Week, a Middle School Social, and Holiday Candy Grams sales. In total the group raised Dh 12,687 with Dh 3,486 going to the Amman Project, which aims to build an educational program for the MSF facility in Amman and Dh 9,201 to the Syrian Refugees Project to help those who are wounded or need medical attention.



Managed by:

LINE
INVESTMENTS
& PROPERTY L.L.C.



لاين
للإستثمار
والعقارات ذ.م.م.

A DIVISION OF LULU GROUP INTERNATIONAL

Building retail excellence



www.ALINEAD.com



الراحة مول
Al Raha Mall

Shopping in your community

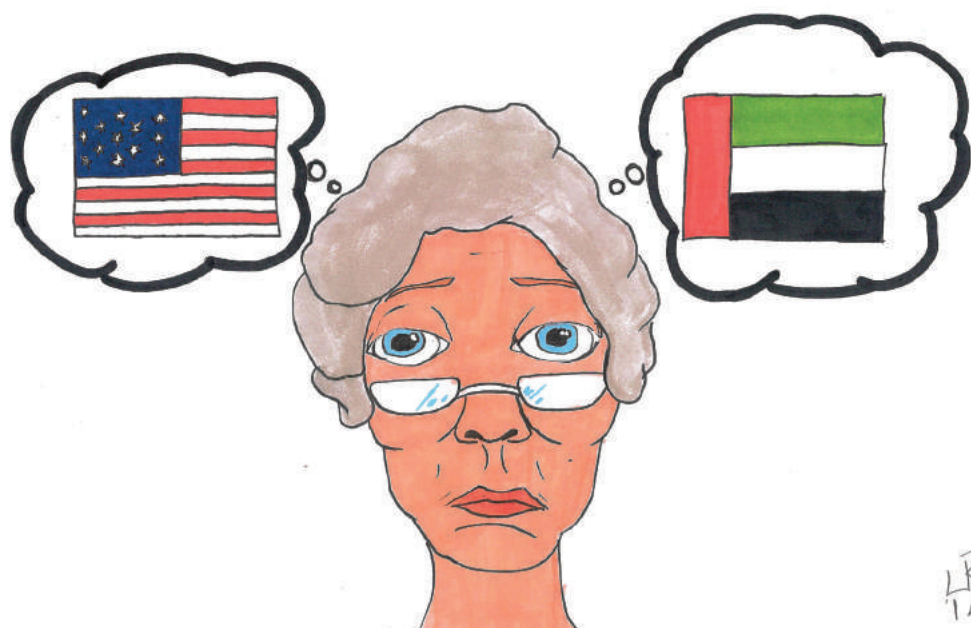
Tel: 02 5562229 info.alrahamall@lineinvestments.ae www.al-rahamall.com

flash fiction

FLASH FICTION IS A STYLE OF FICTIONAL LITERATURE CHARACTERIZED BY BREVITY; WITH THE STANDARD BEING A STORY OF UNDER 1000 WORDS.

AN EXPAT'S RETURN

By Ann Liska



Martina picks her way across the church parking lot, aware of her porous bones, the price she pays for hating milk all her life. The snow is pretty, but treacherous underfoot. She is wearing sensible flat-footed old lady boots, a red coat, and a purple hat. A grandchild is attached to her arm on either side. Martina feels a flash of annoyance. I'm not that old, she thinks. But then she holds onto the kids even tighter. After all, she has been living abroad for most of their young lives. They barely know her.

It's Christmas Eve, and Martina is newly retired. She is sixty-four, not so old in modern terms, but her working life is over. Two days ago, she boarded Etihad Flight 151 for probably the last time. She has a little apartment not too close to and not too far from the kids; her belongings have yet to arrive, but she has her Arabian Mau cat, Sphinx, who made the trip in a special kennel with his own passport. Not bad for an Abu Dhabi street cat.

Church people rush up with hugs. "Martina! Thank God you're home safe," a woman gushes. A bunch of them crowd around her and Martina feels like she can't breathe. She wants to push them all away. For Heaven's sake, it's not like she never came back, those years. Usually she was here at Christmas and Easter, same as most of them.

But, with Nina hanging onto her left side and David on her right, Martina smiles

and nods, saying yes, yes, she is so happy to be home.

The prayers Martina prays are not what people might expect.

God, let me adjust back to life in my home country as well as my cat has.

Forgive me for wishing I still had a maid and didn't have to clean the toilet myself.

Forgive me for not having missed the USA as much as I should have, and for grieving the loss of my expat life if it were a death.

After the service Martina pleads tiredness and retreats to her apartment, where Sphinx is lounging contentedly on the couch. She lies down next to him and falls asleep.

Both kids call to ask if she is ok and she says yes. Just tired. Jet lag.

On New Year's Eve, there's freezing rain. Sphinx ventures out for a few minutes and returns shivering. Martina cuddles him up in a warm towel. She was supposed to keep the grandkids overnight, but due to the weather the plans are cancelled. Maybe tomorrow, the kids say, we can all get together.

Near midnight, Martina fixes a snack and pours herself a glass of wine. She gives Sphinx a bit of tuna. Watching the ball drop on Times Square, she reminds herself that she is home.

ZAYED UNIVERSITY'S AL KHARAREEF STORYTELLING CLUB

was created to enrich the legacy of the Emirati storytelling tradition and contribute to the revival of this important cultural heritage within the United Arab Emirates.

Last year, the Club in partnership with the Abu Dhabi Music & Arts Foundation launched an Emirati cultural literacy project titled the Story Mile, a collection of 48 original fables and folktales, written by students from the Academic Bridge Program, illustrated by the College of Arts and Creative Enterprise majors and translated by ZOWD volunteers into the language of its characters, Emirati dialect.

جامعة زايد
ZAYED UNIVERSITY

The Story Mile tales, which are the first of a three volume series, were recently published as a book in English and titled "Tales from the Emirates" in Arabic. The stories not only share the storytelling tradition of the Emirates, but have also introduced other key aspects of Emirati culture and are creating new footprints in the sands of the cultural landscape of the UAE.

MANSOOR AND KARBAH

By Huda Ahmed AbboudSaad Al Breiki



Mansoor was the richest man in the country. He lived in a huge palace with his parents and liked to visit many countries. One day, he was traveling by ship when a strong wave hit his boat and it sank. He lost everything and didn't know what to do.

He swam and swam until he reached the shore. Then he walked until he couldn't move anymore. He found himself in a forest and started looking for food. There was a huge tree, so he cut off some leaves and ate them, before falling asleep.

When he awoke, he found his body had changed into a tiger's. "What happened to me?" he shouted. As he walked around the forest, he saw a small, simple house in the distance. As he approached, he saw a gorgeous girl whose name was Mahra. When the tiger came closer, Mahra and her mother ran inside. "Please don't leave me. I am in trouble. I don't know what to do," said the tiger. Mahra's mother believed him and welcomed him into their house.

As he told them his story, he started falling in love with Mahra. "I want to help you, but first tell me, what does that tree look like?" the mother asked. Mansoor said, "It has two large branches that act as a hand." The mother immediately knew what to do, "Go back to that tree and say you are sorry. It will believe you because you are kind." Mahra encouraged him to do as her mother had said.

Mansoor went back to the tree and said, "I'm sorry" very loudly. Suddenly, a green light covered him and he was human once more. Mansoor thanked God and ran back to Mahra's house where he found her waiting. He knelt on one knee and said, "I am Mansoor and I love you." Mahra's eyes glowed brighter than gold. He asked Mahra's mother for permission to marry her because her father was dead.

After they were married, Mansoor took Mahra and her mother to his palace where they lived a joyful and happy life together.



game hedz

Blakniss
Original game head from Atari to Xbox!

THE GULF GETS THE MOUNTAIN AND OTHER NEWS...

Are you a Game of Thrones fan? What does that have to do with games, apart from the word 'Games' in the title you ask? I'll find a way...

Celebrity Guest

Firstly, The Mountain, featured in the latter episodes of season 4 of popular fantasy series, will be coming to the region. He's the huge guy who killed the pervy guy by popping his head open. Well The Mountain, real name Hafthor Julius Bjornsson, will actually be at the IGN convention to be held in Bahrain on October 24 and 25. IGN is a global gaming and entertainment website with a Middle East chapter and well, that's pretty cool! The 6 foot 9 Bjornsson is Iceland's strongest man, and will probably be very busy with his Game of Thrones work, if you want to get a little taste of the 7 Kingdoms (or have your head popped open), this is your chance.

The IGN Convention

So what is the IGN Convention? The official Facebook page says it's 'the region's biggest film, video games, technology, and comic convention' - that's good enough for me. Even cooler, it'll be in Dubai at the Meydan Theatre November 21 and 22! Hooyah!! No word on whether The Mountain will be making an appearance in Dubai. Just go to www.ignconvention.com for more details.

Cliffy B is Back

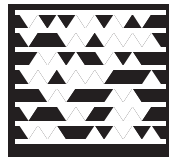
Cliff Bleszinski, the genius behind the Gears of War franchise, is 'coming out of retirement' to make video games again. He rose to super geekdom by developing the Unreal franchise and has been in hiding since Gears of War 3. Now he's promising a new title and indications point to a PC open world game. By the time of publishing we should know exactly what his plans are, but we should definitely keep our eyes on the nerd developed some of gaming's most popular titles.

We hope for awesomeness.



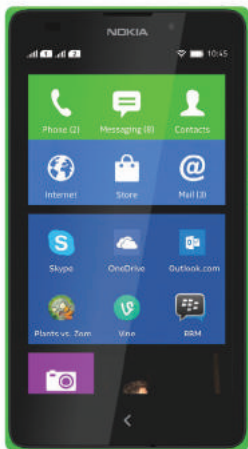
tech talk

Shahid Saeed
Talker for the Non-Techies



Follow me on
[@shahidaasi](https://twitter.com/shahidaasi)

SMARTPHONE SHOWDOWN



NOKIA XL

NOKIA XL is a hopeful entrant into the android fray; it has good hardware for its price tag. Just like Nokia X in the entry-level segment, Microsoft has tried to bring its own flavour to Android; Nokia XL is has a big 5-inch multi-point touch screen, 1 GHz Dual-core snapdragon S4 processor, 768MB RAM, 4GB Internal Memory, up to 32 GB through MicroSD card, dual SIM, Bluetooth, Wi-Fi, 2G/3G, A-GPS, a 5 Mega Pixels Camera with LED Flash and runs the custom version of Android. The phone offers 13 hours talk time and up to 30 days standby. Nokia XL is priced about Dh 589.

SAMSUNG GALAXY GRAND NEO

Samsun Galaxy Grand Neo is all about two things, screen size and dual SIM. The phones are especially popular amongst those who like big screens. Neo brings the Galaxy Grand down to an even more competitive price tag. Grand Neo has Quad-core1.2 GHz Cortex-A7 Processor, 1GB RAM, 8GB Built-in Memory and up to 64GB via MicroSD Card, TFT Capacitive 5.0 Inches Touchscreen, Dual SIM, FM Radio, Bluetooth 4.0, A-GPS, Wi-Fi, 2G/3G, Accelerometer and proximity sensor, a 5 mega pixels camera, running android Jelly Bean 4.2. Grand Neo gives up to 11 hours of Talk Time and up to 430 hours standby. The phone costs about Dh 1100.



MY FAV APP

YEBAB: Yebab is an easy way to start daily conversations around pictures. Whether it's your followers, 'besties', family, customers, suppliers or even partners, you can share pictures privately or publicly through albums. Sometimes you don't want to post a picture publicly and at the same time you don't want it to be private, so with app you can share specific pictures with your groups. Take a picture, choose your album, post to Yebab, and then start the conversation right away.

(Mohammed Hassan)



Download our Fave App
of this month here

BITS AND BYTES

FACTORY-WIPE, IS YOUR PRIVACY AND DATA PROTECTED?

Thousands of pictures including "naked selfies" are said to have been extracted from factory-wiped phones. Czech Republic-based security firm Avast used publicly available forensic security tools to extract the images from second-hand phones bought on eBay. Other information gathered includes emails, text messages and Google searches. Experts have issued warnings in the past that the only true way to completely remove all data is to "destroy your phone". Most smartphones come with a "factory reset" option to wipe and reset the device, thereby returning it to its original system state. But is all the information wiped out completely? The jury's out on that one.

GOOGLE GLASS WEARERS CAN STEAL YOUR PASSWORD

Cyber forensics experts at the University of Massachusetts say they have developed a way to steal passwords entered on a smartphone or tablet. They do this using video from Google's face-mounted gadget and other video-capturing devices. From a distance of over ten feet away, the wearer of the gadget doesn't even need to see the screen because the software maps the shadows of fingertips typing on a tablet or smartphone. The software's algorithm then converts the actions into the actual keys that were tapped, enabling the viewer to crack the passcode.





women in business

Theresa F. Weber

RELAX AND RECHARGE:

Try a Modified Digital Detox and Don't Check Emails on Vacation



August is a popular time to take vacation and one of the best ways to relax and recharge is to unplug from work. It is harder these days with many of us attached at the hip to our smartphones. We check emails when we wake up, in addition to chat messages, comments on Facebook, and news on our Twitter feeds. While a true vacation would mean totally unplugging from our phones, in reality this will not happen; we still need our phones for personal use. At a minimum, we can unplug from work emails.

Most of us use an "out of the office reply" on our work emails, saying we will have limited access to email or, if we are brave, none at all. But, according to Randstad, an HR consulting company, 42% of employees feel obligated to check their email while they are on vacation. And 26% feel guilty about using all their vacation time.

Breaking it down by generation, only 18% of Baby Boomers said they feel guilty versus 40% of Millennials. Why the difference? One answer is that Baby Boomers (born between 1946-64) are further up the corporate ladder and with more seniority feel they don't have to prove themselves regarding time off. Millennials (born between 1980-2000) being at the beginning of their careers are hesitant to take vacation and when they do, they check emails so that they appear to be hard working and industrious.

Every generation has its own attitudes and values. Looking at work-life balance and technology, there maybe another reason. Studies about Millennials say there are four F's this

generation places before all else: Fun, Family, Freedom, and Friends. But then other studies say Millennials, more than any other generation, don't feel the need to delineate between work and life.

An overwhelming number of respondents -67%- reported feeling more productive following a holiday, which means that some people both checked email on vacation and reported higher productivity upon their return. Employees in this overlapping group may have found a balance that kept the separation of a vacation and managed the build-up of tasks that often undo any of the effects of rest. Some people find satisfaction in being able to occasionally check in rather than come back to an overflowing email box.

If you have to check work emails on vacation, limit yourself to once a day. Checking in many times per day or even limiting yourself to three times a day (the morning, after lunch, and the end of the day) is not unplugging. And turn off the alerts on your phone. Every time you hear that sweet sound that alerts you to a new message, you stop what you are doing, open the message and get drawn into a work email, whether it is important or not. So take a partial digital detox and turn off the notifications for incoming mail.

ABOUT THERESA WEBER:

Theresa Weber is Co-Founder of Alexandria Consulting Team (ACT) LLC an international management consultancy.

Terry is also editor of the daily e-newsletter: **MENA #WomeninBusiness Forum**

You can follow her on twitter
@TheresaFWeber and @ACT_LLC



an expat returns home

Dr. Alma Kadragic

Follow Alma on Twitter: @almakad

AMERICAN INSTITUTE OF ARCHITECTS MIAMI RUNS CHILDREN'S SUMMER CAMP



Dr. Eldredge Bermingham speaking to children at the construction site of the new science museum in Miami.

When I was a child, summer camps were for swimming and other sports and weaving baskets or key chains, and learning songs. I never went to a camp like that, but at 16 I became a junior counselor at a day camp near my home in the Riverdale section of New York City. I worked with the senior counselor who must have been 18 or 19 to supervise a group of 10 children 11 and 12 years old.

Today many years later I'm again a counselor, this time no longer junior, at a day camp in Miami. However, it's nothing like the camp I knew. Now summer day camps focus on a particular subject that the children will study. There are IT camps, nature camps, history camps, drama camps, film camps, and so on.

I'm working at the two-week summer day camp of the Miami chapter of the American Institute of Architects, started eight years ago by Rick Ruiz, a retired architect who wanted to give back to the community by equipping children with basic principles of architecture.

The camp takes place five days a week at the University of Miami School of Architecture. Children - ages 8-14 and divided into three studios - use the same labs where university students take courses and work on projects that eventually earn them a bachelor's degree in architecture.

Some of this year's group of 95 campers participated in previous years. The youngest children start in Studio 1, go on to Studio 2 the next year, and finally Studio 3. If they're old enough, they can start in Studio 2 or 3. In each studio, they learn some architectural history and draw their versions of famous buildings, from the front, side, and cross-section.

Each week the campers take a field trip to experience examples of local

architecture. The field trip that I organized provided a rare opportunity to see a museum being constructed as well as visit that same museum currently operating in a much smaller space.

Several years ago Miami Dade County and private organizations partnered to plan an art museum and a science museum downtown on Biscayne Bay. The Perez Art Museum of Miami opened in last December. The new Science Museum will open in early 2016.

Right now everyone can watch the building going up. So the young campers learning about architecture heard Dr. Eldredge Bermingham, Chief Science Officer of the Science Museum, describe the new museum and its four parts including a planetarium and an aquarium with an open roof exposed to the elements as they sat on the plaza in front of the Perez Art Museum.

To make the new building more sustainable, the open area will allow visitors to look down into the aquariums if they were riding in a boat. On lower floors they will see into the aquarium from the side at the same level as fishes and other sea creatures.

After about an hour listening to Dr. Bermingham describe the opportunities for learning about the cosmos, the seas, the coral reef, and the River of Grass - the Everglades national park that provides Miami's drinking water - the campers took a bus to the current science museum for lunch and a tour of the facility.

The bus returned to the construction site later with another group of campers who began the day at the current museum and heard from Dr. Bermingham who was kind enough to give the same talk twice.

GET YOUR TEMPO APP TODAY!

Now you can
get **Tempo**
anytime
anywhere!

Download the
new Tempo app



from the ANDROID
Google Playstore.
Search "TempoPlanet".
AND ...

After you download
share your fave
screenshot on
INSTAGRAM
use **#GOtempo**
to win amazing prizes all
through August



MOTOCROSS MAGIC: JINAN CD



The UAE is a prime location for motocross professionals and amateurs, and racers often from all over the world come to the UAE to experience its unique terrain. One such enthusiast is Jinan C.D., a 38-year-old motocross champion who moved here from India to compete professionally.

Jinan started his racing career when he was 18 as a hobby, but turned pro early on and now races under Team Liberty Kawasaki in Dubai. "The transition to the UAE was a good experience, especially when you have the awesome ongoing support from Team Liberty Kawasaki. I am very happy to ride for them and this powerful machine," he says.

In India, Jinan won the Indian National Motocross Championship title five consecutive times from 2002 to 2006. After moving here he has won the UAQ Motocross, the DMX, and the Kuwait MX, and more recently came second place in the UAQ Motocross Championship. He is now in training to compete in the Asian Motocross Championship.

Jinan praises the high standard of motocross competitions in the UAE. "The good thing about motocross here is that riders are much faster. The level of competition is high because riders come from many countries, and because the tracks are very tough".

Jinan says that his motocross inspiration is James Bubba Stewart, an African American professional motocross racer who is currently competing in 'supercross', an off road challenge that consists of steep jumps and obstacles.

"Though I go through a lot of crashes and pain in the races, I always tell myself that it is part of the game. I realized long ago



that motocrossing would be my chosen profession, even though it is a very tough sport."

Jinan tells aspiring motocross racers to always remember the principles of good motocrossing, "Work hard, be positive, squeeze the throttle, whip the system, and always wear safety gear," he laughs.



GOLF EVANGELIST: STEVE OUTLAW

As all eyes focus on Kentucky this August for the PGA championship, golf instructor Steve Outlaw is planning on teeing off a special programme in Abu Dhabi that is aimed at winning young hearts and minds.

Outlaw, a PGA member who has been part of Troon Golf for several years, moved to the UAE recently to help promote the sport. The 29-year-old Chicagoan who works at the Abu Dhabi Golf Club is going to introduce The First Tee program to the UAE. The First Tee is an internationally recognised youth initiative that promotes life skills and leadership through the game of golf.

"Through First Tee young players can also develop life skills and core values, and it helps with confidence, perseverance, and integrity," Outlaw explained.

The First Tee is very dear to Outlaw's heart, as it launched his own golf career and landed him his first job on a golf course at the age of 15. "When I graduated I thought maybe this could be a career, especially with the foundation of The First Tee programme helping to straighten my focus."



For the UAE, Outlaw believes that the mix of Troon Golf and First Tee could be the perfect combination to introduce the programme and develop young people's sportsmanship and character. He sees golfing in the UAE as "emerging and definitely young in nature, but with a few experienced professionals."

Outlaw offers words of advice to those considering golf, "Give it a try. Everyone says it's tough and difficult. It is, but the lessons that you learn from playing the game, the friends, the camaraderie, the business that takes place out of here is unsurpassed by any other sport. Then you can play the sport all your life."

instafame

THE TEMPO TEAM ROUTINELY TRAWLS INSTAGRAM IN SEARCH OF CREATIVE TALENT. TO BE DISCOVERED CONNECT WITH US ON INSTAGRAM @TEMPOPLANET



ABDULRAHMAN AL-THANI

Nationality: Qatar
Instagram ID: @iBa7r

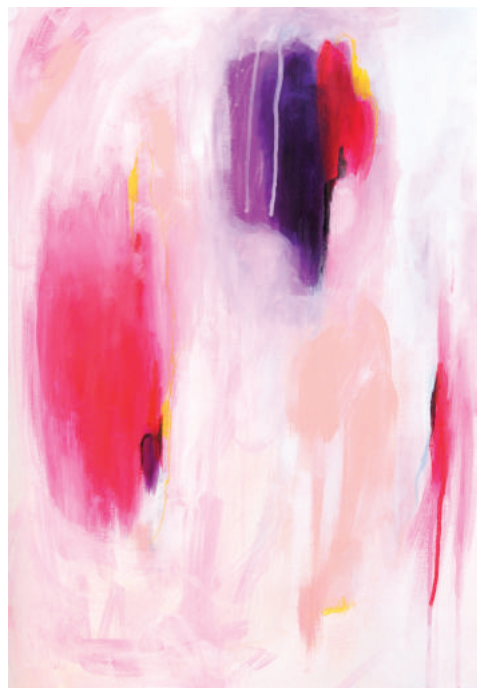
I would describe myself as being a freelancer artist, gadgets lover, gamer and photographer. I recently got involved in game design with other fellas under a team we call the "Space Crescent". I've started doodling and making comics inspired by my favorite kids' magazines such as Mickey Mouse, Majed and some others since I was 10. I graduated from the UK in Computer Science and when I was in the university, I used to draw some comics about the students and instructors to escape from the boring classes. For now, my plan for the future is to continue developing games and apps with my partners in the team and of course continue to draw and design comics/illustrations, for web, newspaper or any media willing to make an offer.



AMIRA RAHIM

Nationality: USA
Instagram ID: @amirarahimart

I am an abstract artist in Abu Dhabi who is in love with colour. Lately I've been collaborating with interior designers on bespoke commission abstract paintings designed to bring life and energy to a room. I love to discover new colour schemes and experiment with new techniques to communicate whatever I'm feeling in that moment. I like to think that I work intuitively and expressively, which makes for an exciting challenge every day. I've been fortunate enough to sell my work to clients all over the world. I can't imagine life without my painting.







 بوابة الشرق مول
 Bawabat Al Sharq mall


Your world... Only a step away

Unwind close to home and discover what's in store for you at Bawabat Al Sharq mall today! Conveniently located in Baniyas City, it is near Mohammed bin Zayed, Khalifa City, Al Wathba and other residential communities.

240 Stores | Hypermarket | Cinemas | Restaurants & Coffee Shops | Family Entertainment Center

+971 2 503 1400 www.bawabatalsharqmall.ae

 BASmallAUH

 BASmallAUH

Baniyas City — From Abu Dhabi: Abu Dhabi - Al Ain Highway E22 - Exit 35A • From Al Ain: Al Ain - Abu Dhabi Highway E22 - Exit 35B • From Shahama: Shahama - Mafraq Highway E11- Exit 331

BRANDMOXIE

Branding Gurus - Marketing Doctors

HAVING...
A BAD BRANDING DAY?
...MARKETING MUDDLE?
...STRATEGY SLIP UP?
...PR PREDICAMENT?
...CAMPAIGN CRAPFEST?

02 491 8624

**CALL
US**

02 491 8625

ADVERTISING STRATEGIC COMMUNICATION BRANDING
PLANNING SOCIAL MEDIA DIGITAL MARKETING
RETAIL DESIGN PUBLIC RELATIONS EVENT MANAGEMENT
PRODUCTION PUBLISHING RESEARCH FILM PRODUCTION
MEDIA BUYING TEAM BUILDING

business@brandmoxie.com

**brand
moxie**
intelligent marketing

twofour54 #307, Rotana Complex | Sowwah Square - Sila Tower #2415

www.brandmoxie.com | facebook.com/BrandMoxie | twitter.com/BrandMoxie

—SINCE—
2004